

# Star of the Sea Catholic College

## Newsletter

30TH JULY 2019

Human spirit is the ability to face the uncertainty of the future with curiosity and optimism. It is the belief that problems can be solved, differences resolved. It is a type of confidence. And it is fragile. It can be blackened by fear and superstition.

- Bernard Beckett

Learning  
Believing  
Belonging  
Respecting  
Reaching Out  
Personal Best



### From the Principal

We live in uncertain times. There are a lot of things out of our control and that can be very worrying. In a perfect world we would like to be in control of everything, but that world simply does not exist.

Our uncertainties can cover a lot of ground. Some of us may be uncertain about our jobs and opportunities for future employment. Some of us may be uncertain about our health. We may be uncertain about what the future offers for our children, especially in this time of global warming.

Uncertainty can lead to great anxiety. One of the main reasons we suffer anxiety is because of our thoughts about the future and our uncertainty around it. In the past, when technology wasn't advancing as quickly as it is now, there was probably a

feeling of a lot more certainty about the future than there is today.

One of the challenges we have, in order to look after ourselves and our children, is to embrace uncertainty. We need to be confident that, whatever happens, we have some control over our future.

I have recently been reading a book by Jim Stynes, the Melbourne footballer, club president and co-founder of the Reach Foundation. The book mainly focuses on his battle with cancer. One of Stynes' biggest battles was accepting the uncertainty around his life that the cancer was causing. He worried about his future and the future of his wife and two young children without him being around. As time went on he learnt how to embrace that

uncertainty and, in doing so, live more in the present moment.

Sports people often use the idea of controlling what they can control and not worrying about the rest. It's probably a good lesson for us all in our everyday lives. There are only some things we can control. As for everything else, we just have to embrace it.

In today's uncertain world one thing that does remain constant for us is God's love. And because of this we are reminded of St Mary MacKillop's words - "Do what you can with the means at your disposal, and leave the rest calmly to God."

**Mr Richard Chapman**  
Principal

### CALENDAR

Wednesday 31st July	9:00am-10:30am Playgroup @ Star
Thursday 1st August	2:15pm Primary Assembly Country Gold Selections
Friday 2nd August	Yr 7 & 8 ATSI Excursion to Cataract Gorge
Tuesday 6th August	Year 9 Reflection day
Wednesday 7th August	9:00am -10:30am Playgroup @ Star

*Star of the Sea Catholic College acknowledges the Leterremairener people as the traditional custodians of the land on which our school stands.*

# Religious Education and Faith Development

International  
Friendship Day  
July 30



Heart  
Spirituality



Attentiveness  
Hospitality

This week around the world people will be celebrating International Day of Friendship. We live in a world where in many places, peace and security is challenged by poverty, violence and the abuse of human rights. With so many complex problems how do we address these challenges that undermine our spirit of humanity and unity? How do we build a better world where we are united by working for the common good? The UN believes we can all do our part to build bridges and inspire peace by reaching out in friendship to others.

Nano Nagle, our founder, inspired by her deep friendship with God, reached out in friendship and love to the poor, the lonely and the elderly. Her life and mission was often difficult but Nano was always filled with joy and brought joy to others through giving and receiving the gift of friendship.

Pope Francis, in his address to Serra International in 2017 had this to say about friendship:

Today the word “friend” has become a bit overused. In our daily lives, we run into various people whom we call “friends”, but that is just a word we say. Within virtual communications, “friend” is one of the most frequently found words. Yet we know that superficial knowledge has little to do with that experience of encounter or closeness evoked by the word “friend”.

When Jesus speaks of his “friends”, he points to a hard truth: true friendship involves an encounter that draws me so near to the other person that I give something of my very self. Jesus says to his disciples: “No longer do I call you servants... but I have called you friends, for all that I have heard from my Father I have made known to you” (*John 15:15*). He thus establishes a new relationship between man and God, one that transcends the law and is grounded in trust and love. At the same time, Jesus frees friendship from sentimentalism and presents it to us as a responsibility that embraces our entire life: “Greater love has no man than this, that a man lay down his life for his friends” (*John 15:13*).

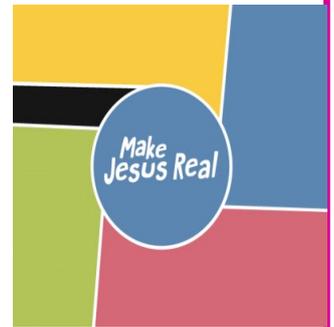
We become friends, then, only if our encounter is more than something outward or formal, and becomes instead a way of sharing in the life of another person, an experience of compassion, a relationship that involves giving ourselves for others.

It is good for us to reflect on what friends do. They stand at our side, gently and tenderly, along our journey; they listen to us closely, and can see beyond mere words; they are merciful when faced with our faults; they are non-judgmental. They are able to walk with us, helping us to feel joy in knowing that we are not alone. They do not always indulge us but, precisely because they love us, they honestly tell us when they disagree. They are there to pick us up whenever we fall. (Extract from the Pope’s words on Friendship to Serra International 23 July 2017)

*Loving God, you have blessed us with the gift of friendship. We thank you for friends who love us, and who share in our sad times and in our joys.*

## Making Jesus Real

Last week at Primary assembly we spoke about the attitude of WIIFM (What's in it for me?). Sometimes teachers or parents ask children to do something and they are reluctant, wondering what's in it for them. But if we continue with that attitude we become moaners and groaners. For us to have a more positive attitude in life, to be winners and grinners, we need to not look for personal gain but ask ourselves how we can serve others.



## Welcome

We welcome Ryda (Grade 1), Ruby (Grade 1), Tempress (Grade 5) and Maddison (Grade 4) and their families to Star of the Sea Catholic College. We hope they enjoy their time here.

We also welcome Mrs Ewa Power and Miss Kara Scott who are doing their Teacher Assistant placement at Star of the Sea through TasTAFE. They will be working across various classes for two days a week until the end of the year.

## Mission Hour with Archbishop Julian

All are welcome to join Archbishop Julian for a Mission hour this Friday 2nd August between 6:30pm and 7:30pm at the church. The theme of this year's Mission is The Veneration of the Cross and the hour will be filled with music, testimonies and prayer. Come along to be spiritually nourished. A light supper will follow in the Hall.

## Disco

Yesterday a letter went home informing families about our Disco and Games Night on Friday 9th August. We hope to see many members of our community there.

## Country Gold

Congratulations to those students in Grades 5 and 6 who have been selected to try out for Country Gold. They will do so this Thursday and we wish them luck.

## ATSI Excursion

This Friday our Year 7s and 8s will participate in an excursion to the Cataract Gorge in Launceston as part of our Aboriginal and Torres Strait Islander education.

## Elevate Education

Yesterday our secondary students had the chance to learn some study skills from Elevate Education. This is an important part of teaching students how to improve their learning outcomes.

Thank you to everyone who participated in the Fun Run. Congratulations to Ryder Hawkins who raised the most money.



## Year 10s in Melbourne



Congratulation to our Year 10s who organised the Winter Woolies Day yesterday. Students were asked to donate food for the Vinnies Winter Appeal. Thank you to the families for their generosity.



### Shout Out Week 1 Term 3, 2019

Name	PBS	Reason
Erin Vanderzwan	R	Amazing role as a speaker in our end of term liturgy.
Erin Vanderzwan	L	Consistently completing her Term 2 homework.
Erin Vanderzwan	R	Beautiful manners in the library.
Tylar Berne	R	Fantastic speaking in our end of term liturgy.
Tylar Berne	R	Beautiful manners in the library.
Hayley Ford	R	Beautiful speaking in our end of term liturgy.
Hayley Ford	R	Beautiful manners in the library.
Tempress Tunks	R	Beautiful manners in the library.
Hayley Ford	L	Her dedication to completing her homework during Term 2.
Maeve Lazdauskas	R	Amazing role as a speaker in our end of term liturgy.
Taylor Thomson-Strain	L	Being dedicated to completing her homework during Term 2.
Taylor Thomson-Strain	R	Beautiful manners in the library.
Jennifer Munro	R	Beautiful manners in the library.
Maeve Lazdauskas	L	Dedication in always completing her homework.
Jennifer Munro	L	Her dedication to completing her Term 2 homework.
Maeve Lazdauskas	R	Beautiful manners in the library.
Ashton Harrison	L	Dedication shown in all learning areas.
Ashton Harrison	R	Wonderful speaking in our end of term liturgy.
Maverick Watson	R	Beautiful manners in the library.

continued over

Rilee Brown	R	Listening to the teacher.
Indiana Cartwright	R	Beautiful manners in the library.
Miley McFarlane	R	Beautiful manners in the library.
Ashton Harrison	E	Being an engaged and active participant during probability activities.
Ashton Harrison	E	Completing his homework throughout Term 2.
Blake Miller	R	Amazing role as a speaker in our end of term liturgy.
Finley Upston	E	Relaxing and reading quietly at rest time.
Sianna Brunacci	R	Beautiful manners in the library.
Sianna Brunacci	L	Her dedication to completing her Term 2 homework.
Jessie Anlezark	R	Beautiful manners in the library.
Carlie Lowe	R	Beautiful manners in the library.
Jaxsyn Pollock	R	Beautiful manners in the library.
Brooke Baillie	R	Helping to pack up the classroom.
Ashton Meessen	R	Beautiful manners in the library.
Jaxsyn Pollock	R	Sharing the sports equipment without being asked.
Grace Mahnken	R	Helping collect the balls after the bell went.
Rilee Brown	E	Relaxing well at quiet reading time.
Tommy Smith	E	Relaxing well at quiet rest time.
Dyson Bromley	E	Relaxing quietly at rest time.
Reagan Widdowson	L	All your hard work with tricky fractions.
Reagan Widdowson	E	Doing a great job with contractions during literacy.
Reagan Widdowson	L	Her dedication to completing her homework.
Ruby Davidson	S	Cleaning up.
Zoe Gillies	S	Cleaning up.
Reagan Widdowson	E	Doing a great job with fractions work.
Belynda Hyland	R	Wonderful speaking in our end of term liturgy.
Milly Wilcox	S	Keeping our classroom clean.
Daniel McConnell	S	Keeping our classroom clean.
Oscar Smith	S	Sitting and waiting.
Oscar Smith	S	Keeping our room clean.
Oscar Smith	R	Helping to clean our room.
Milly Wilcox	E	Beautiful neat handwriting.
Scarlett Baillie	S	Cleaning up.
Ruby Davidson	E	Being a learner and concentrating.
Lillian Hockey	E	Reading a book quietly in library.
Deegan White	S	Waiting in the correct way.
Hunaisha Ahmed	E	Beautiful neat handwriting.
Shiloh Leslie	E	Reading a book quietly in the library.
Shekinah McFarlane	E	Reading a book quietly in the library.
Maddison McDonald	R	Beautiful manners in the library.
William Holz	S	Cleaning up.
Karol Aziz	R	Beautiful manners in the library.
Thomas Singline	R	Cleaning up the yard at the end of outdoor play.
Ashton Ratcliffe	S	Keeping our class clean.
Scarlett Baillie	E	Beautiful neat writing.
Scarlett Baillie	E	Clever number work bundling 10's and 1's.



### Shout Out Winners:

Shout Out Draw Winners: Erin Vanderzwan - sit next to a buddy in class.

Finley Upston - 30 Minutes Free Play.

### PBS Focus: Learner -

Good learners participate in all learning tasks and try their best.