

Star of the Sea Catholic College

Newsletter

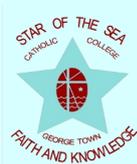
31st March 2020

From the Principal

"I think if I've learned anything about friendship, it's to hang in, stay connected, fight for them, and let them fight for you. Don't walk away, don't be distracted, don't be too busy or tired, don't take them for granted. Friends are part of the glue that holds life and faith together. Powerful stuff."

- Jon Katz

Attentiveness
Hospitality
and
Compassion



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I recently read of a psychiatrist who believed that every mentally ill person he ever worked with was basically lonely. That is, "every case of no physiologically-based mental illness stems from a person who has been separated, cut off, living alone, forgetting how to relate."

In this time when we are encouraged to self-isolate, that piece of information can be a bit of a worry! Sure, a lot of us might have kids at home, but that doesn't always stop us from being lonely. And there are plenty of elderly and vulnerable in their homes at the moment who don't have anyone around. The recent loss of a job can also make us feel lonely, even though there may be thousands in the same boat.

That's one of the reasons for today's newsletter. You might wonder why we bother with a newsletter when there are almost no students at school; why we would bother when there are no classes and no activities. But it is important for us to continue to maintain a connection with our community in this time to remind people that they are not alone.

When our *Learning at Home* program starts in Term 2, one of the key components of it will be Connection. We will look to offer ways that students and families can still connect to the school, even when they are stuck at home. And we encourage everyone to take up the opportunity of keeping in touch. In this day and age there are plenty of ways to stay in touch, and rather than social media being used for rumours and gossip and slander, which it so often is in our society, we can instead use it for its original purpose - keeping in touch.

It is also important that we keep in touch with others in our lives. I dare say that many holiday plans to visit families in other states have been cancelled in recent weeks. So it becomes even more important to ring our family and friends and see how they are going.

The Federal Government recently poured millions of dollars into mental health to support people during this pandemic. But if we keep in touch, we may not even need to spend a cent of it. If we reach out to others, and, when we are feeling lonely, ask for help from friends and family, our connections stay strong.

Within the Star of the Sea Catholic community, it is everyone's responsibility to stay connected and support each other so we all come out the other side of the global pandemic stronger than ever.

Mr Richard Chapman
Principal

Star of the Sea Catholic College acknowledges the Leterremairener people as the traditional custodians of the land on which our school stands.

Religious Education and Faith Development

Holy Week



As we are finishing school earlier this term we will be bringing our Holy week celebration online. This Thursday at 10.00am, there will be a video conference through Zoom meetings. Students are invited to attend. Details will be sent through Compass.

The main days of Holy Week are:

- **Palm Sunday**, the entrance of Jesus into Jerusalem
- **Holy Thursday**, when Jesus instituted Communion and taught us to serve one another
- **Good Friday**, the arrest, trial, crucifixion, death and burial of Jesus Christ
- **Holy Saturday**, the Sabbath in which Jesus rested in the grave

This is an important time in the Church year. It is the last week of Lent and our final preparation before Easter, the most important celebration in the Church. Easter is the completion of Holy Week and it ends in the resurrection of Jesus, who conquers sin and death.

As we go into this season and the holiday period we pray that the renewal of life at Easter will bring happiness, good health and peacefulness to all our families.

Heart

Spirituality



Attentiveness

Hospitality

Stars of the Week - 26th March 2020

Kinder	William Singline	For trying hard to always do his best.
Prep	Lindsie Barrett	For her beautiful art work especially her bear painting.
Grade 1	Ryder Hawkins	For being super engaged during our literacy game.
Grade 2/3	Daniel McConnell	For his consistent effort with his work across all subject areas.
Grade 4/5	Maddison Hyland	For her hard work and persistence in every lesson. Keep up the good work.
Grade 5/6	Joshua McConnell	For his dedication towards improving his knowledge and skills across all learning areas.

Learning at Home

Our Learning at Home program will begin in Term 2. A letter will go home regarding this this week, but in short: The program will run through Compass, so all parents and carers will need to make sure they have logged into this. Information will be on Compass each morning about the day's work for the students. This may lead students to other platforms, like Google Classroom. There will be opportunities to stay connected with the teacher through regular Zoom meetings. Students who attend school will join in the Learning at Home program rather than attending regular classes.

Questions and Concerns

Our office is still open until Thursday 9th April (assuming no other Government directives). So feel free to make contact and ask questions about what's happening! Our office staff may not know the answer to your question straight away, but they will try to find the answer as quickly as possible. We will also keep parents and carers up to date through Compass and Facebook.

Mini Vinnies Easter Raffle

Thank you to everyone who has supported the Mini Vinnies Raffle. Books now need to be returned to the College on Wednesday April 1 for a Thursday 2 draw. Prize recipients will be notified.

Find Mass this week online at:

St Mary's Cathedral: 10.30am Sundays: <https://youtu.be/sQ0NWbB8mcl>

St. Therese's Moonah: <https://www.facebook.com/sttherese.ofisieux.75/videos/292734098360967/>

Sandy Bay/Taroona Parish: 6pm Saturdays: <https://www.facebook.com/SandyBayTaroonaParish/videos/626364491545352/?f=189891144365752>

Bellerive/Lindisfarne Parish: 9am Sundays: <https://www.facebook.com/belleriveparish/videos/206909217301725/>

Kingston-Channel Parish - 10am Sundays:
<https://www.youtube.com/channel/UCWsCT3P6Cwt5YV4jio3VBgQ>

Mersey-Leven Catholic Parish - 9.00am Sundays

For livestream <https://zoom.us> then click join a meeting and when it asks for Webinar ID type in 970 306 715 and click enter. You will be asked to load zoom meeting then enter an email address and you are in!--



Mud Play



We are being blessed with some nice sunny days so I would encourage you to get the children outdoors to make some mud pies. Below are just a few of the benefits of playing with dirt.

1. Developing fine and gross motor skills. Mixing in a large container, transporting a heavy bucket of water and pouring from a heavy pot of mud.
2. Builds problem solving skills.
3. Encourages creativity.
4. Inspires caring for the environment.
5. Builds strong immune systems. You will find it is the dirty kids who are healthier.
6. Sensory development- Research shows that sensory play builds nerve connection in the brain's pathways, which lead to the children's ability to complete more complex learning tasks.
7. Benefits the heart and skin. Mud relaxes and soothes! Adults pay good money for mud bath spas.

If you really can't face the mess of mud play, children can also gain many of the same benefits by using oats, rice or flour for pretend cooking. However, at this time of short supply of cooking ingredients dirt and water are cheaper and more readily available.

Remember to sing and dance together, read a book and recite a few nursery rhymes. All are so vital to your children's literacy development.

Stay safe and feel free to share any photos of what you're getting up to with your children at home. **Trudy Hoffman**

Shout Out Week 8, 2020

Student's Name	Reason
Brooke Baillie	Being ready to learn.
Macklin Grimsey-Boersma	Never giving up.
Brock Holden	Working hard and finishing quickly.
Darcie Power	Her beautiful drawing about her weekend.
Henry Pride	Being ready to learn.
Brooke Baillie	Being super fast at pack up time.
Thomas Singline	Always completing his work quickly.
Temprance Mather	Being the first ready at pack up time.
Huntar Carnie	Starting his job straight away.
Karol Aziz	Helping clean up after art.
Lindsie Barrett	Being a switched on learner.
Evie King	Being first ready at pack up time.
Savannah Grimsey-Grey	Listening and sitting well during fire safety.
Zoe Gillies	Very good during fire safety and all learning tasks.
Ryder Hawkins	Using all his manners all day.
Macey Crick	Helping to clean up.
Allira-Grayce Harris	Helping put the chairs out of a morning.
Allira-Grayce Harris	Good work for all subjects.
Hunaisha Ahmed	Great listening all day.
Henry Pride	Starting his job straight away.
Huntar Carnie	Working fast and finishing quickly.
Oscar Smith	Following new hygiene class rules well.
Ashton Ratcliffe	Great work all day.
Seth Sturzaker	Trying his best with his work.
Miley MacFarlane	Constant work ethic.
Macey Crick	Helping to keep our room clean.
Maverick Watson	Completing all tasks to a high standard.
Chantz Brown	Beautiful listening during firefighter Aaron talk.
Rilee Brown	Having a go at her own writing in her journal today.
Chantz Brown	Very neat colouring.
Chantz Brown	Fantastic writing, in literacy.
Ether Daire	Being ready to learn.
Keegan Leslie	Being ready to learn.

PBS Focus:

We are safe when we wash our hands.

Shout Out Winners:

*Jack Lindfors - Outdoor game for the class.

*Huntar Carnie - iPad or Mac time.

Paschal Candles

Year 5 and 6 girls decorated Paschal Candles for the Primary School and also the Catholic Churches within the George Town parish.

