

Star of the Sea Catholic College

Newsletter

8th September 2020

Wise parents give their children just two gifts - roots and wings.

- Holding Carter

Attentiveness
Hospitality
and
Compassion



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From the Principal

I recently read an news article which started off by talking about how much screen time children should have and how much time outside they should have (*screen time vs green time*). It suggested that more outside time was better for mental health, but also that computer games help children stay in touch with peers and games could also help with cognitive function and coordination.

However the most interesting piece of research came later on in the article. It has been found that there is a positive correlation between mental health outcomes in children and adolescents, and the amount of autonomy they have to roam outside unsupervised. In other words, the more independence we give to our children to roam outside without our supervision, the better their mental health.

This really struck me as we live in a society today where many of us are reluctant to give our children the independence to do this. It would seem that over the years we have kept our children

inside, or to the confines of our backyard, more and more. We often hear stories from our grandparents about the amount of time they spent outside unsupervised. The article suggested that in some countries around the world, more freedom is given to children to be outside, simply because the community takes on a joint responsibility of looking after the children. If one of the children does the wrong thing or needs help the community steps in, not just the parents of the child.

In the spiritual writer Margaret Silf's book, *Roots and Wings*, she refers to the quote by Holding Carter, that "wise parents give their children just two gifts - roots and wings." Roots from the point of view that children need a sense of belonging and a certain knowledge that, no matter what happens, they are rooted in their parent's love. But children also need wings in that they need to be set free to live and discover and shape their own unique story.

As far as a school goes, we should be doing the same. We aim to give our students that sense of belonging and the knowledge that someone is looking out for them. But we also need to provide them with the freedom to try things out, to get things wrong, to shape their own unique lives without us saying what they should or shouldn't become. We need to give our students that independence "to roam unsupervised," that is, to find out answers for themselves without the adults feeding them the answers all of the time.

In the Star of the Sea Catholic community, we realise that things will go wrong in our children's lives. There will be times when they feel uncomfortable. But the times when we are uncomfortable are the times when we are learning the most. We don't actually learn by feeling comfortable all of the time. So we should look for ways to encourage independence and uncomfortableness in our children.

Mr Richard Chapman
Principal

Wednesday 9th September	9.00am –10.30am SetUp for Success 9/10 Winter Sport 1.30pm-3.00pm Little Stars program for 2021 enrolled Kinders
Thursday 10th September	Year 7/8 Winter Sport Year 4-5-6 Winter Sport @ Lilydale NO Primary Assembly this week Year 10 Newstead College Orientation day
Friday 11th September	Archbishop Julian Porteous visiting
Tuesday 15th September	Year 7 Transition morning

Star of the Sea Catholic College acknowledges the Leterremairener people as the traditional custodians of the land on which our school stands.

Religious Education and Faith Development

Celebrating our Connection with the Land

In the second week of the Season of Creation we honour the gift of the Earth. We are all intimately connected to Mother Earth and all creation, and we need to live wisely on this land, remembering all of creation is a gift not a possession.



Pope Francis reminds us of this gift in his encyclical, *'Laudato Si'*

The entire material universe speaks of God's love, God's boundless affection for us. Soil, water, mountains: everything is, as it were, a caress of God. The history of our friendship with God is always linked to particular places which take on an intensely personal meaning; we all remember places and revisiting those memories does us much good. Anyone who has grown up in the hills or used to sit by the spring to drink, or played outdoors in the neighbourhood square; going back to these places is a chance to recover something of their true selves.

'Laudato Si', 84

In appreciation of this gift, why not spend some time in the outdoors this week taking in the wonder, majesty and beauty that is Mother Earth. We live in one of the most beautiful places in the world and you don't need to venture far to experience its grandeur

Heart
Spirituality



Attentiveness
Hospitality

Stars of the Week - 3rd September 2020

Kinder	Mia Barker	For including others in her play.
Prep	Rilee Brown	For her wonderful independent writing about our excursion and for always being helpful.
Grade 1	Ruby Davidson	For always completing her work to the best of her ability.
Grade 2/3	Daniel McConnell	For his focus and determination towards his school work.
Grade 4/5	Matilda Trotter	For excellent drama skills.
Grade 5/6	Lillian Hockey	For her great focus and commitment to improving her Literacy skills.

SetUp for Success

SetUp, our free Early Learning program for 0-5 year olds, is held every Wednesday during term time from 9:00am to 10:30am in the Kinder room. We ask that only one adult attends with each child (to help with social distancing), that children bring a drink bottle and maybe a piece of fruit, and that you don't attend if you or your child has cold or flu like symptoms. Feel free to ring the office for more information.



Father's Day Breakfast

A big thank you to all of the fathers and father-figures who shared in our "COVID Safe" Father's Day Breakfast last Friday.

A special thanks to our helpers - Mr Tim Jacobs, Mrs Hollie McDonald, Mrs Ewa Power, Miss Ashleigh Crowden, Ashleigh Brown, Keegan Jacobs, Rhianna Widdowson, Brooke Holz, Luke and Joshua Chapman, Ruby and Maddi McDonald, and Kobi Barrenger.

Visit from the Archbishop

Archbishop Julian Porteus will be visiting George Town this weekend. He will arrive on Friday and visit the school. Over the weekend he will celebrate masses in the parish, with the 11:00am Mass in George Town being followed by a shared lunch. All are welcome to attend. Please bring a plate if you can.

Enrolments and Transition

We are currently welcoming enrolments for all year levels for 2021.

- * Tomorrow sees our first Little Stars session for the 2021 Kinder students.
- * Next Tuesday will see our first transition session for our 2021 Grade 7 students.

For more information please contact the College office.

Summer Uniform

Just a reminder that we will return in Term 4 in summer uniform. The Uniform Shop is open every Thursday 2.00pm till 4.00pm for your uniform requirements. The Uniform Shop operates during term time only.

Term dates

Term 3 ends on Friday 25th September. Term 4 will start on Monday 12th October.

The College office will also be closed during the holidays and reopen on Monday 12th October.

Apple for a Teacher

Congratulations to Mrs Claire Honeychurch and Ms Kerrin Edwards who have been nominated for the Chilli FM Apple for the Teacher Awards. Please go to the Chilli FM website for more details on how to place your vote.

Voting will start on Wednesday 9th September 12.01am - 9am Wednesday 23 September. Winner announced Thursday 24 September

Primary Winter Sport - Primary Assembly

Due to the recent weather cancellations of Year 4-5-6 Primary Winter Sport, it has been decided to play this week at Lilydale on **Thursday 10th September**.

With this in mind **Primary Assembly will be cancelled for this week**. Stars of the Week will be given out the following week on Thursday 17th September.

Our Lady Star of the Sea Parish Mass Time Changes

Saturday Evening Vigil Mass starts at 5.00pm Sunday Morning Mass starts at 11.00am

Shout Out Term 3, Week 8, 2020

Hazel Provis	Playing beautifully with her friends.
Shiloh Leslie	Making mature and safe choices.
Charlotte Power	Making mature and safe choices.
Bernard Moore	Playing safely at lunch.
Matilda Trotter	Making mature and safe choices.
Maddi McDonald	Making mature and safe choices.
Seth Sturzaker	Playing safely at lunch.
Malakai Hyland	Keeping our school clean.
Rilee Brown	Playing beautifully with her friends.
Ashton Ratcliffe	Working hard at all times.
Jackson Smith	Working hard to finish his writing.
Sianna Brunacci	Helping clean up Kinder and Prep classrooms.
Blake Miller	His care and consideration when dealing with a younger student.
Isaiah Widdowson	Supporting his soccer team mate.
Lillian Hockey	Picking up rubbish without being asked.
Leo Linley	Learning and singing a new song today in music.
Wyatt Parkes	Learning and singing a new song today in music.
Declan Anlezark	Being a fantastic worker.
Hunaisha Ahmed	Great focus during literacy time.
Indiana Cartwright	Cleaning up the classroom.
Ruby Davidson	Being a really focussed learner.
Finley Upston	Fabulous handwriting.
Ryder Hawkins	Working hard in class to complete his work.
Savannah Grimsey-Gray	For great focus with her work.
Declan Anlezark	Great spelling of oxford words.
Zoe Gillies	Sounding out her words when we are reading.
Archie Parker	Great group work with your class mates.
Chelsea Jenkins	For sounding out her words when reading.
Hunaisha Ahmed	Great spelling of oxford words.
Ryder Hawkins	Great spelling of his oxford words.
Savannah Grimsey-Gray	Great spelling of oxford words.
Danica Sweet	Her beautiful singing and participation in music today.
Isaac Leslie	Working cooperatively during a science experiment.
Evie King	Being super helpful.
Macey Crick	Being super helpful.
Leo Batte	Allowing a classmate to have his spot to make them happy.
Rilee Brown	Using Kelso's choices to solve a problem.
Henry Lindfors	Making mature and safe choices.

PBS Focus: We are respectful when we allow others to join in with our game.



You are a Star

This weeks winners are:

Chase Davis	<i>Looking out for his classmates</i>	TBA
Leo Batte	<i>Asking great questions</i>	30min free time