

Star of the Sea Catholic College

Newsletter

24th May 2022

From the Principal

Things we parents should probably be doing each evening (but, hey, nobody's perfect...):

- 1. Eating dinner together.** Eating dinner together is a great way of coming together as a family and talking about the day. It gives children an opportunity to feel connected to the family and to also practise their communication skills - both listening and speaking. Studies have also shown that eating dinner together leads to healthier eating patterns in young adults, a greater sense of resilience and a lower chance of depression!
- 2. Reading to our children every night.** There's a big list of reasons why we should read to children each night. It starts with increasing our children's vocabulary and thinking skills and imagination, but it also helps to develop children's independent reading skills. If it is done just before bed, it helps children to get a good night's sleep. Just as importantly, it is great bonding time for families. How old should our children be before we stop reading to them? Maybe when they ask you to stop, but some will want it all the way through Primary school. And we can still read to our older children at different times - articles out of the newspaper or online news, funny stories and jokes or even the back of the cereal packet!
- 3. Watch TV together.** I'm not kidding. Some of us grew up in the time when there was only one way to watch TV and there was only one TV in the house. Some of us even grew up in the times when, if you wanted to change the channel, you actually had to stand up and move over to the TV to do it! But watching TV together (an appropriate program for the youngest in the room) helps families to bond and builds communication skills. It also saves money rather than having everyone watching something different on their own device!
- 4. Get our children into good sleeping routines.** If there is one thing which will improve children's health and temperament, it is having good sleep routines and getting enough sleep. That means not looking at computer screens too close to bed, going through the nightly process of getting into pyjamas and brushing teeth, and having some wind-down time. Good sleep patterns over time will also lead to good mornings.
- 5. Praying with our children.** And I'm not just saying that as a Catholic School Principal. Praying helps children (and ourselves) to be grateful and to think of others. And if you feel uncomfortable praying, you could ask your children to lead (they do it every day at school) or just talk about what you are grateful for or who you would like to keep in your thoughts. Children will look to us to learn the skills of empathy.



Mr Richard Chapman, Principal

Do more things
that make you
forget to check
your phone.
- Unknown

Attentiveness,
Hospitality
and
Compassion.



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Corner Friend &
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George Town 7253

Star of the Sea Catholic College acknowledges the Leterremairener people as the traditional custodians of the land on which our school stands.

Religious Education and Faith Development

Heart

Spirituality

Attentiveness



Hospitality

Compassion

Week of Prayer for Christian Unity

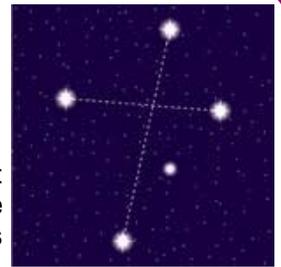
29th May—5th June

'We saw the Star in the East, and we came to worship him.' (Matthew 2:2)

Each year, Christians of different denominations gather to pray for unity. Different Christian groups are invited to organise the theme and prayer and this year we are inspired to pray for unity, peace and love by The Middle Eastern Council of Churches based in Lebanon.

This year the chosen theme comes from the Wise Men, who were led by a star, to where they could worship the baby Jesus, the long-awaited Messiah, and our God, who came as one of us. In a world that has been plunged into darkness by the ravages of war, hunger and sickness, Christ is our light, who is calling us into unity to confront selfishness, conflict, and pain in our world. As the Wise Men brought gifts to Jesus, we too can be bear gifts of love, compassion, and peace.

We too can find practical ways to shine the Light of Christ into the darkness within our own lives and the lives of others. As a Presentation charism we are inspired daily to take our lantern and shine a light for those around us who may need our support through the everyday prayer of our actions. May healing, unity and love begin here.



National Sorry Day and Reconciliation Week

The Reconciliation week begins on 26th May. The theme this year is 'Be Brave, Make Change.' This is a challenge to all of us to be brave and take up the challenge of unfinished business of moving towards greater reconciliation and healing of our country.

In this week we recognise the people of the Stolen Generation and all those who have been in some way impacted by this terrible time in our history.

God's dream for humanity is one of justice and equality, compassion and understanding, forgiveness and mercy. This is something to be shared by all people and we pray that we will walk together in a spirit of reconciliation and unity.



Stars of the Week - 19th May 2022

Kinder	Logan Hawkins	For joining in well during prayer times.
Prep	Lucas Vincent	For completing an amazing drawing and some writing about his weekend.
Grade 1	Michael Laughren	For an excellent attitude towards learning new skills.
Grade 2	Arthur Millen	For inspiring other students, by passionately exploring drawing and chapter books.
Grade 3/4	Zoe Gillies	For being consistently engaged during lessons and following instructions well.
Grade 5/6	Carlie Lowe	For consistently demonstrating the skills of being an independent learner

Cross Country Colour Run

Last Friday was our Cross Country Colour Run and it was a great afternoon. The weather was excellent and everyone got involved and was active for the afternoon. A big thank you to Mr Cook and Miss O'Toole for organising it.

A big thank you and congratulations too all that have been fundraising for new sports equipment. We are currently at \$3,724.75, the fundraising is still open until the 30th of May so keep your donations rolling in!



SetUp for Success

SetUp is back! SetUp for Success is our early learning program that is held every Wednesday morning during term time in the Kinder room, from 9am to 10:30am. It is run by our Kinder teacher, Mrs Trudy Hoffman.

SetUp is aimed at children aged 0 to 5 years, and it is a welcoming environment where parents and carers learn with their children.

Please remember that adults need to wear masks, and please don't attend if you or your child are sick.



Welcome

We welcome Isabel (Grade 5) and her family to the Star of the Sea community. We hope they enjoy their time here.

GFG Student Program

Applications for the GFG Students Program are now open to all local Year 9 and 10 students. We welcome and encourage you to apply. Following their in-school presentation last week, the team will be back for an informal drop in session for parents, family members and students looking to find out more about the program and speak to the team.

Informal drop in session: Wednesday 25th May, 5pm-5.45pm, @the Hub, George Town Library.

Applications and program info can be found at <https://www.gfgfoundation.org.au/>

Principal Meetings

Next week, from Wednesday afternoon to Friday afternoon, Star of the Sea will be hosting the principals of the Catholic schools around Tasmania, as well as representatives from the Catholic Education Office. Parking near the Hall will be limited on Wednesday and Thursday afternoon, and Thursday and Friday morning.

Tree Planting

Tomorrow our Preps and Grade 5/6s will be involved in a tree planting and National Simultaneous Storytime activity hosted by Bell Bay Aluminium. Hopefully it will be good weather for them!

Visit by the Archbishop

Archbishop Porteus will be visiting the Star of the Sea Parish this Sunday and will say Mass at 11am in the church. All are welcome.

Enrolments 2023

We are now accepting enrolments for Year 7 and Kinder for 2023. If you would like your child to attend Star of the Sea, or know someone who does, simply pop into the office for an enrolment form or download one from our website (www.starsea.tas.edu.au). We hope to have enrolments finalised by the end of Term 3.

Staff Movements

Mrs Honeychurch will be away until Thursday. Mrs Hamburg will be taking her class. Mrs Armstrong will be away this week.

COVID Reminder

We have had a slight uptick in cases in the primary school. It is a good reminder for us to be vigilant for symptoms and to keep children at home if sick, whether they test positive or not. The quicker COVID is identified at home the less chance it has of spreading through the school.

Shout Out Term 2, Week 4, 2022

Mia Syms	Knowing the names of all the tricky 2D shapes
Amelie Olivera	Building lots of tricky 2D shapes
Allira-Grayce Harris	Having a great attitude to your learning
Nate Walker	Having a great attitude to your learning
Ashton Ratcliffe	Having a great attitude to your learning
Chantz Brown	Having a great attitude to your learning
Oscar Smith	Having a great attitude to your learning
Tobias Jones	Having a great attitude to your learning
Savannah Grimsey-Gray	Having a great attitude to your learning
Evie King	Being respectful in assembly
Yueni Tan	Excellent behaviour during assembly
Mia Syms	Getting on with her work and following instructions
Isabelle Saunders	Getting on with her work and following instructions
Chantz Brown	Brilliant drama work
Nate Walker	Sitting beautifully and quietly during assembly
Carter Upston	Getting on with his work and following instructions
Amelie Olivera	Getting on with her work and following instructions
Bradley Maney	Good manners during assembly
Darcie Power	Being respectful in assembly
Kiara Fisher	Listening and following teachers instructions straight away
Hunaisha Ahmed	Having a great attitude to your learning
Bienvinido Bennett	Listening well at assembly
Sabian Hawes	Having a great attitude to your learning
Dante Saunders	Getting on with her work and following instructions
Chelsie Jenkins	Having a great attitude to your learning
Zoe Gillies	Having a great attitude to your learning
Savannah Grimsey-Gray	Brilliant drama work
Finley Upston	Awesome behaviour in and during library
Jaxon Hillard	Peeling his banana all on his own
Eliana Dodge	Coming quickly to the mat, ready to learn
Lucas Ratcliffe	Great manners and being ready to learn
Chantz Brown	Great focus with writing letters neatly
Zoe Gillies	Working well in all areas of literacy
Daniel McConnell	Always doing his best work
Sabian Hawes	Always doing his best work
J'Kobi Carnie	Listening well and joining in at literacy time
Ruby Davison	Great focus with telling the time
Allira-Grayce Harris	Great focus with maths
Rafael Tilain	Listening well and joining in at literacy time
Ashton Ratcliffe	Always completing his work within the given time frame
Oscar Smith	Working hard with maths
Demitrius Quilty-Maguire	Great focus with fractions
J'Kobi Carnie	Being ready to learn and sitting beautifully on the mat
Savannah Grimsey-Gray	Great focus with fractions
Nate Walker	Working hard in his maths 'time' work
Hamish Bannon	Eating quietly at healthy snack time
Hunaisha Ahmed	Being a great and focused learner
Ryder Hawkins	Great focus with fractions
Ruby McDonald	Working hard in comprehension activities
Hamish Bannon	Coming quickly to the mat, ready to learn
Oscar Millen	Helping his friends
J'Kobi Carnie	Always being quick to help around the class
Rafael Tilain	Always being willing to help others
Elsie Sherriff	Clever reading
Logan Hawkins	Playing cooperatively with her friends

Congratulations

You are a Star

PBS Focus is Safe

We are safe when we sit
down to eat our recess and
lunch.

This weeks Shout Out winners are:

Lindsie Barrett for helping pick up rubbish at lunchtime . Lindsie chose a *pick from the prize box*.

Kiara Fisher for playing a game cooperatively. Kiara chose **30 minutes personal free time**.

Well done!

Walk Safely to School Day

BOOK NOW



BACON AND EGG ROLLS, FRUIT AND JUICE SUPPLIED

FOLLOWED BY A SAFE WALK TO SCHOOL

**Friday 27th May
7:30am**

**at Windmill Point (Pirate Park)
on the Esplanade**

Bookings essential

Please call the school to RSVP 6382 1242

Term 2 - 2022	
Friday 27th May	National Walk to School Safety Day
Tuesday 31st May	Inter High Cross Country
Wednesday 1st June	TPSSA Cross Country Carnival
Thursday 2nd - Friday 3rd June	CCEL at Star of the Sea
Monday 13th June	Queen's Birthday public holiday
Friday 17th June	Nano Nagle Charism Day (Year 6)
Friday 24th June	Kindness Day
Tuesday 28th June	School Photo Day
Friday 1st July	TPSSA Winter Sport Round 1 (TBC)
Sunday 3rd - Sunday 10th July	NAIDOC Week
Monday 4th - Friday 8th July	Year 10 Work Experience
Friday 8th July	End of Term Assembly; Term 2 ends for students