

Star of the Sea Catholic College

Newsletter

7th June 2022

From the Principal

If you live in a regional town like George Town, one of the things that may afflict you is FOMO. FOMO is the Fear of Missing Out, the anxious feeling you get when you feel other people might be having a good time without you. It is an acronym that has become popular only relatively recently, especially now that our world is dominated by social media.

FOMO is the reason that some people find it difficult when they haven't got their mobile phone on them, in case something is happening on Snapchat that they don't know about. FOMO is also the reason that some people get involved in TikTok challenges. They think that, if they don't do the challenge that thousands of others are doing, they are somehow missing out on something.

I was reflecting on FOMO a couple of times in the past week. Once was when I came across a video of some people doing a TikTok challenge of a dance based around the first couple of lines of a Brooks and Dunn song, *Neon Moon*. My first reaction was that watching people perform the challenge was an incredible waste of my time. But then I looked a bit deeper and was astounded at how some people approached the challenge. While some just seemed to be doing it quickly in the 30 seconds they had spare, others were obviously putting lots of time into it, doing themselves up, putting on their best bikinis (I kid you not) and getting all of the moves just right. It became clear that some people must have spent over an hour preparing and performing the 15 second dance. And it got me thinking that for people to spend so much time on this, they must have had a great fear of missing out, even though, like every other TikTok challenge ever, it would be forgotten by this time next year.

The other time I thought about FOMO was at our Catholic schools principals meetings last week. We sometimes think that, because we live in George Town, we are missing out on better things that are being offered in Launceston or beyond. However, for the entire time all I heard was other principals, from much bigger schools than ours, praising the school, the hospitality of the students, and the food the students had prepared and served. One principal assumed we had caterers come in, so was most surprised when I let him know it was all done by Mrs. Armstrong and the Hospitality class. And it got me thinking that, although we feel we are missing out on something from these bigger schools, Star of the Sea is actually doing things just as well, if not better, than anyone else.

One of the things we need to get across to our students in the Star of the Sea Catholic community is that they don't need to be afraid that they are missing out on something, but that they should be proud of what they themselves are doing and achieving. Most of the things in life we think we are missing out on aren't as interesting or as exciting as we fool ourselves into believing. As the saying goes, we need to "Be happy for this moment. This moment is your life."

Mr Richard Chapman, Principal



Be happy for
this moment.
This moment is
your life. -

Omar Khayyam

*Attentiveness,
Hospitality
and
Compassion.*



PO Box 206
Corner Friend &
William Street
George Town 7253

Star of the Sea Catholic College acknowledges the Leterremairener people as the traditional custodians of the land on which our school stands.

Religious Education and Faith Development

Heart
Spirituality
Attentiveness



Hospitality
Compassion

Pentecost



On Sunday we celebrated Pentecost and the great Feast of the Holy Spirit. It marks the end of the season of Easter and on this day, we remember that after Jesus died, rose, and ascended into heaven, he sent the Holy Spirit to empower the disciples and spread the Good News.

It is the birth of the Church, and we are reminded that we are strengthened by the Spirit of God who lives in all of us. The Spirit of God is all-inclusive, and it welcomes us all to flourish in God's grace. We live in a world where there are so many divisions. Sometimes it is hard to experience the light of Christ in our lives when we are surrounded by a constant barrage of news that fills us with fear and uncertainty. In this time, we ask God's Spirit to renew us and blow away the prejudice, judgement, fear and hurt that sometimes prevents us from living in loving service to one another.

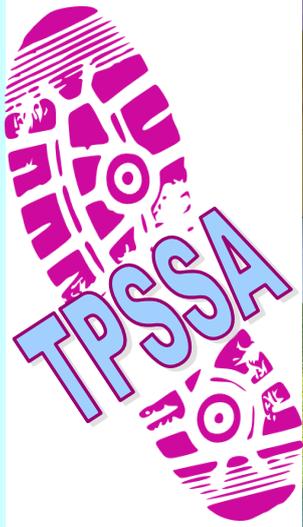
This Pentecost we pray that God blesses us with new life in the Holy Spirit.

Stars of the Week - 2nd June 2022

Kinder	Zoe Provis	For her good sense of humour.
Prep	Lachlan Smith	For his clever thinking during maths lessons.
Grade 1	Danica Sweet	For her excellent attitude towards learning.
Grade 2	Madeline Paine	For being a great class helper.
Grade 3/4	Oscar Smith	For always working hard to complete his tasks. Well done Oscar.
Grade 5/6	Isabel Walker	For making a wonderful start at "Star of the Sea".

TPSSA Cross Country

Well done to this awesome group of Primary Students who competed in the TPSSA Cross Country today. A very special mention to Oscar who came third in his event.



Principal Meetings

Well done to this amazing group of students who sang beautifully at Thursday and Friday mornings prayer for the visiting principals.



SetUp for Success

SetUp is back! SetUp for Success is our early learning program that is held every Wednesday morning during term time in the Kinder room, from 9am to 10:30am. It is run by our Kinder teacher, Mrs Trudy Hoffman.

SetUp is aimed at children aged 0 to 5 years, and it is a welcoming environment where parents and carers learn with their children.

Please remember that adults need to wear masks, and please don't attend if you or your child are sick.



Welcome

We welcome Nevada (Year 7) and her family to Star of the Sea Catholic College. We hope they enjoy their time here.

Principal Meetings

A big thank you to the staff and students who ensured last week's Catholic School Principal meetings ran smoothly. As suggested in this week's reflection, those who attended were most complimentary of the school. Special praise was given to Mrs. Armstrong and the students who prepared and served the food over the two days, and to the students who supported Mr Taylor with the singing each morning.



Queen's Birthday Holiday

A reminder that next Monday 13th June is a public holiday, so the school will not be open.

Presentation House

The old Convent next to the church is now called Presentation House and is run by CatholicCare. Last Friday saw the opening and blessing of its redevelopments. The end of the building closest to the church will be used by CatholicCare for counselling and by Vinnies for emergency assistance. The other end of the building has been converted into an affordable living 4-bedroom house.

Enrolments 2023

We are now accepting enrolments for Year 7 and Kinder for 2023. If you would like your child to attend Star of the Sea, or know someone who does, simply pop into the office for an enrolment form or download one from our website (www.starsea.tas.edu.au). We hope to have enrolments finalised by the end of Term .

Shout Out Term 2, Week 5, 2022

Isabel Walker (Gr 5)	Being respectful during assembly
J'Kobi Carnie	Sitting and making great choices by crossing his legs and listening
Tristan Ackerly	Being first in learning circle
Thomas Smith	Being respectful in assembly
Thomas Singline	Being first in learning circle
Scarlett Baillie	Excellent behaviour during assembly
Wyatt Parkes	Excellent behaviour in assembly
Alby Hawkins	Being resilient
Chantz Brown	Engaging in class discussion
Thomas Singline	Amazing art work
Lachlan Smith	Picking up rubbish
Malakai Hyland	Amazing art focus
Lindsie Barrett	Being engaged in art
Lindsie Barrett	Great morning of learning
Victor Hugo	Listening well at assembly

You are a Star

Congratulations

This weeks Shout Out winners are:

Evie King for being respectful in assembly - 10 minute extra recess for the class.

Bienvinido Bennett for listening well in assembly - game for the class.

Well done!

PBS Focus is Safe

We are safe when we keep our hands to ourselves when playing in the yard.



Keep
Hands and Feet
To Yourself

Year 7, 8, 9 & 10 Winter Sport

Upcoming Games: Wednesday 8th June

Year 10 Soccer	Star v St. Mary's @ Prospect High School
Year 10 Netball	Star v St. Mary's @ Prospect High School
Year 10 Hockey	Star have a bye



Upcoming Games: Thursday 9th June

Year 7/8 Soccer	Star v Newstead Christian School @ Birch Ave
Year 7/8 Netball	Star v Prospect High School @ Hobler's Bridge



Results from Wednesday 1st June

Year 10 Soccer	Bye
Year 10 Netball	Star 6 - Brooks HS 21
Year 10 Hockey	Star 0 - Riverside HS 7

Results from Thursday 2nd June

Year 7/8 Soccer	Bye
Year 7/8 Netball	Star 8 - Kings Meadows HS 21



<u>Term 2 - 2022</u>	
Monday 13th June	Queen's Birthday public holiday
Friday 17th June	Nano Nagle Charism Day (Year 6)
Friday 24th June	Kindness Day
Tuesday 28th June	School Photo Day
Friday 1st July	TPSSA Winter Sport Round 1 (TBC)
Sunday 3rd - Sunday 10th July	NAIDOC Week
Monday 4th - Friday 8th July	Year 10 Work Experience
Friday 8th July	End of Term Assembly; Term 2 ends for students