Star of the Sea Catholic College

<u>Newsletter</u>

14th March 2023

From the Principal

I used to be addicted to the hokey pokey...but I turned myself around.

Our secondary students were asked at last Thursday's assembly to reflect upon the character strength of *humour*. Over the years we've all probably met people who are just naturally funny. Equally, we've all probably met people who think they are funny but aren't really. Usually the difference between these people is if anyone suffers as the result of their humour.

I have known people who have always tried to say something funny, but when I listen carefully it has been more mean than funny. Their jokes have usually targeted someone other than themselves. It is not unusual in secondary schools for students to use the defence, "but I was only joking" when they have said something that has hurt another person. They have to be informed that making a joke at the expense of others is not particularly funny at all.

I know a bunch of good jokes about umbrellas, but they usually go over people's heads.

I have also known people who constantly say funny things, but the difference is that no one is the target of their humour, or if anyone is, it is themselves. It is these sort of people we tend to recognise as being genuinely funny, who really have the character strength of humour. Even when we listen to stand-up comedians, the ones we tend to be drawn to are those that can make light of themselves or of a particular situation, but not another person (unless they are already in on the joke).

How do you tell the difference between an alligator and a crocodile? You will see one later and one in a while.

People who have the character strength of humour also have the ability to see the funny side of life. While some people will get frustrated that they couldn't parallel park their car and start complaining about the fact that parallel parking even exists, others will more than happily tell the story of what a mess they made of an attempt to parallel park. While one person will be upset about a power blackout caused by a storm, another will laugh while relating the story of how they bumped into everything at home in the dark because they had no power.

How we choose to see the events in our lives is a choice we all have. Because the reality is, while sometimes bad things happen in our lives, none of us are "cursed." Life isn't "out to get us." God wants good things for us and even sent his Son to give us that message. Being able to see the humour in all aspect so our lives reminds us of that message.

I recently went to the "World's Tiniest Wind Turbine" exhibit. Honestly, not a big fan.

In our Star of the Sea Catholic community, we are called upon to grow into seeing the lighter side of things, to be able to have a joke at our own expense, to not take things too seriously. There is a time and a place for seriousness, and this is also another skill for our students to learn. But if we are to enjoy the life we have, we also need to see the humour in it.

Did you hear about the kid who started a business tying shoelaces on the playground? It was a knot-for-profit.

Richard Chapman, Principal

A day without laughter is a day wasted.

- Charlie Chaplin

Attentiveness,
Hospitality
and
Compassion.



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Star of the Sea Catholic College acknowledges the Leterremairener people as the traditional custodians of the land on which our school stands.

Religious Education and Faith Development

tleart Spirituality Attentiveness



Hospitality
Compassion

May your blessings outnumber the shamrocks that grow...

This Friday we celebrate St Patrick, the Christian missionary and patron saint of Ireland.

St. Patrick answered God's call many times in his life. When he was a teenager Patrick was captured by Irish pirates and taken as a slave to Ireland, where he became a shepherd. Later he escaped and returned to his family. He became a priest but then he was called by God to return to Ireland. He baptised thousands of people, ordained priests and worked with those living in poverty and slavery. The people of Ireland loved Patrick and declared him to be a saint.

Patrick was known for his writings on spirituality, and this is one of his best-known prayers, known as the 'Breastplate of St Patrick.'

Like Patrick, we ask Christ to protect us on our own journey.

Christ be with me, Christ within me.

Christ behind me, Christ before me.

Christ beside me, Christ to win me.

Christ to comfort me and restore me.

Christ beneath me, Christ above me.

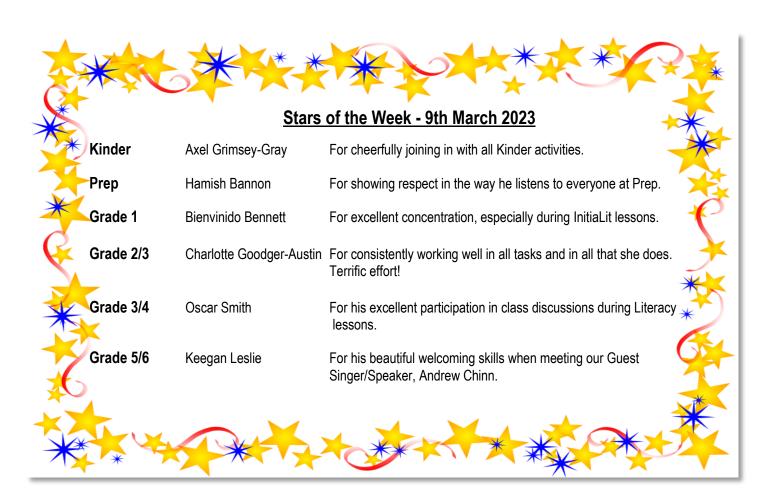
Christ in quiet, Christ in danger.

Christ in hearts of all that love me.

Christ in mouth of friend or stranger.







Year 3-10 Swimming Carnival



Easter Raffle 2023

\$1 / ticket

Once again we will be holding an Easter Raffle. Proceeds will be split between student leader fundraising and the missions.

Tickets will be sold by the Year 10s at lunchtimes in the primary and secondary playgrounds. Tickets will also be available from the office.

Students may also take home a book of ten. Please request a book if you would like one.

The Raffle will be drawn at the end of term assembly April 6th.



Staff Movements

Year 8 Camp is on this week which will see Mr Cook and Mr Goodall away from tomorrow onwards. Mr Duncan will come in to relieve most of their classes.

Mrs Broughton is taking leave this Friday.

Year 8 Camp

This week sees our Year 8s attend camp at Freycinet on the East coast. It is sure to be a great time and we thank Mr Cook for organising it and Mr Goodall, Mrs Long and Mrs Clarke for supporting it.

Star of the Sea Athletics Carnival

Next Tuesday and Wednesday will see the College Athletics Carnival for Years 3-10. Tuesday will be a half-day at school while Wednesday will see the students bussed to St Leonards to compete there. Parents and carers and families are welcome to come and watch.

Circle of Life

'Circle of Life' is a values-rich approach to Relationships and Sexuality Education (RSE) for Catholic Schools. 'Circle of Life' is aligned to the Archdiocese of Hobart guidelines Growing Towards Wholeness. With an emphasis on human dignity, 'Circle of Life' assists young people to grow in integrity.

Star of the Sea Primary students will be involved in this program next week. More information will follow later this week.

NAPLAN

NAPLAN begins tomorrow (Wednesday) for our Year 3, 5, 7 and 9 students. Any questions regarding NAPLAN can be directed to Mrs McGillivray who is our school's NAPLAN coordinator.

SetUp for Success

Our early learning program, SetUp, is back in 2023.

It is on every Wednesday during term time between 9:00am and 10:30am in the Kinder room and is for children from birth to 5 years of age. It is completely free and all are welcome. Mrs Selina Taylor will run SetUp this year



We are Turning on the Taps.

This year for Project Compassion we are raising to get more clean water to communities in Nepal. You can help us build our water wall by purchasing a **\$2** water droplet. Water droplets can be purchased from class teachers, beginning this week. The sale of droplets will continue until the 4th of April. Please support Project Compassion by buying a droplet and watching our water wall grow.





CALENDAR, TERM 1, 2023

Wednesday 15th March	NAPLAN begins
Monday 20th March	Circle of Life classes begin (Primary)
Tuesday 21st & Wednesday 22nd March	Star of the Sea Athletics Carnival (Grades 3 - 10)
Monday 27th March	TPSSA Athletics Carnival
Thursday 30th March	NHSSA Div. 3 Athletics Carnival (TBC)
Tuesday 4th April	Caritas fundraiser
Wednesday 5th April	Year 7 & 10 Immunisations
Thursday 6th April	Holy Thursday - End of Term Assembly - Term 1 ends