

Star of the Sea Catholic College

Newsletter

27th June 2023

From the Principal

No one ever remembers the unkind. In fact, we try our best to forget them! If you ever have gone to funerals, when people speak about the person who has died that will always talk about the kind things they had done. We tend to gloss over the difficult parts of people's characters, and focus on their kindness. It is how we want to remember people and how we want to be remembered.

If you bother to go back to the original meaning of the word *kind*, it means courteous, gentle or benevolent. And when we think about people who we see as being kind, these are usually the characteristics we think of.

They are *gentle* - not only in the way that they act, but also in the way that they speak. They do not get angry easily and instead listen to others and speak politely and respectfully in return.

They are *courteous* - they are polite and respectful in how they act towards others, no matter who the people are. They are just as polite and respectful towards their friends as they are towards strangers, towards the wealthy as they are towards the homeless. They see the innate human dignity in everyone, and don't judge people or gossip about others.

They are *benevolent* - they give freely of their time to others who need help. Or they might give of their money to support charities. To paraphrase St Mary MacKillop, they see a need and do something about it.

These are the sorts of people that we like to hang around with. But they are also the sorts of people who don't feel they need to hang around with just one group of people. In a school environment, the people who are kind can be seen hanging out with different groups and not just sticking to one group. They are the students who everyone feels comfortable asking for help. They are the students who, when put into a group, the rest of the group are glad they are there.

Yesterday we celebrated Kindness Day. It was an important reminder for all of our students about the importance of kindness and the need to be kind to each other. Unfortunately in our world today we see lots of examples of people being unkind, not only on a global level (e.g. any current war), but also on an everyday personal level. We see unkindness on social media and on the TV with the way our politicians speak to each other and behave towards each other.

In our Star of the Sea Catholic community we need to be presenting an alternative view to this unkindness. We need to be giving examples of kindness and letting our students know of the benefits of kindness. We aren't just kind in the hope that people will like us. We are kind as it is the right thing to do, and it makes us and others feel better. The message of the Gospels can be summarised by two words - "Be kind." (although some theologians might disagree with this).

God calls us to live with each other in harmony, to be kind. It is through doing this that we become the people we are called to be.

Richard Chapman, Principal



Be kind whenever possible. It is always possible. - the 14th Dalai Lama

*Attentiveness,
Hospitality
and
Compassion.*



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Star of the Sea Catholic College acknowledges the Leterremairener people as the traditional custodians of the land on which our school stands.

Religious Education and Faith Development



NAIDOC Week is a time for all Australians to celebrate and recognise the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. This week is an opportunity for all Australians to learn about First Nations cultures and histories and participate in celebrating the oldest, continuous living cultures on earth.

The theme this year is 'For our Elders'. Across every generation, our Elders have played, and continue to play, an important role, and hold a prominent place, in our community and families. They are cultural knowledge holders, trailblazers, nurturers, advocates, teachers, survivors, leaders, hard workers, and our loved ones. They guide our generations and pave the way for us to take the paths that we can take today. They influence and inspire us to work for the equality and hope that they fought for. Let us pay our respects to them.

As a college we will be celebrating with a prayer celebration for NAIDOC Week at our End of Term Assembly on **Tuesday 4th of July**. The prayer be led by our Aboriginal students, and all are welcome to attend. On the Monday, all students will be given wrist band to wear to celebrate NAIDOC Week and we encourage all our students to wear them all week in solidarity with our Aboriginal community. We are also holding a **plain clothes day** on the **Wednesday 5th July** and would like students who are participating to come dressed in the colours of or any of the colours of the Aboriginal Flag (red, yellow, or black). For those who are choosing to wear school uniform, please feel free to accessorise with hair accessories, socks, gloves or whatever you can find.

Heart
Spirituality
Attentiveness



Hospitality
Compassion

Stars of the Week - 22nd June 2023

Kinder	Harrison Walker	For taking an active part in all Kinder activities.
Prep	Chanden Primal-Jackson	For organising himself and his belongings so well every day.
Grade 1	Kiara Fisher	For being a kind and considerate class member.
Grade 2/3	Vanessa Linley	For her great attitude with all she does and for the kind things she does for others.
Grade 3/4	Hazel-Mae Provis	For her fantastic listening skills and enthusiasm towards "The Twits" performance. Well done!
Grade 5/6	Zayden Kerr	For his fantastic efforts at attempting some mental computation of unknown angles without relying on a calculator. Well done. Keep up the great work!

Kindness Day

Yesterday Star of the Sea Catholic College celebrated Kindness Day. Our students were invited to wear pink and kindness was the theme of the day. A bbq lunch was provided for everyone and in the afternoon our students participated in kindness related activities.



Deputy Principal's Message

“No act of kindness however small is ever wasted.” (Aesop)

This week we had the opportunity to celebrate Kindness Day together.

We shared pancakes and warm milo as part of Breakfast Club, dressed in pink to highlight the day, adorned ourselves with pink ribbons and other pink accessories and shared a BBQ lunch. In the afternoon, students participated in a range of classroom activities to share messages of kindness and to reflect on the ways we can be kind to others. Being kind and experiencing kindness in our day contributes to positive feelings and a general sense of belonging.

There are many opportunities students have at Star of the Sea which instil in them a sense of belonging.



Participating in days such as Kindness Day or other focused activities, joining a sporting team and actively participating in sporting matches, coming along to Breakfast Club, lunchtime activities, attending camp and the extra curricular activities that are provided such as the recent Cultural Day and excursions all bring students together in shared experiences. These opportunities are just as important as classroom learning experiences as they contribute to a holistic school experience and it is through those experiences that positive connections are made with the school community. We encourage all students to join in the opportunities made available to them and to make the most of the experiences provided.

Prep

Last Thursday, the Prep class made bread. We looked at the science of growing yeast, measuring, kneading dough, working together, fractions and eating warm bread that we had made.



Calendar Term 2 2023

Wednesday 28th -Friday 30th June	Year 10 Camp
Friday 30th June	TPSSA Winter Sport Round 1
Sunday 2nd - Sunday 9th July	NAIDOC Week
Monday 3rd July	Year 10 Work Experience week
Tuesday 4th July	10:00am End of Term Assembly
Wednesday 5th – Friday 7th July	Year 9 Camp
Friday 7th July	Term 2 ends for students
Tuesday 25th July	Term 3 begins for students

SetUp for Success

'SetUp for Success' is on every Wednesday during term time between 9:00am and 10:30am in the Kinder room and is for children from birth to 5 years of age.

It is completely free and all are welcome.



Staff Movements

Mr Chapman and Mrs Briscoe are away tomorrow for a workshop on the Archbishop's Charter. Mrs Briscoe is also away on Friday.

Mrs Robotham and Mrs McGillivray are away Thursday and Friday for professional development.

With the Year 10 Camp starting tomorrow, Mr Cook, Kara Long and Amelia Hardwick will be away for the rest of the week.

Year 10 Camp and Work Experience

The Year 10s will be away for the rest of the week on their Melbourne Camp. We wish them well and thank Mr Cook for his organisation of this.

Next week, the Year 10s will be on Work Experience. Again, we thank Mr Cook for his coordination of this and also all of the participating employers.

Primary Winter Sport

This week sees our Grade 5s and 6s participating in the first week of the TPSSA Winter Sport competition. We wish them well and know they will represent the school well.

End of Term Assembly

Due to Year 9 Camp, we will be having our End of Term Assembly a little earlier in the week next week. The assembly will be on Tuesday 4th July at 10:00am in the church. Families are most welcome to attend.

Mid Year Reports

This year Catholic Education Tasmania is looking at ways to improve its reporting process to give parents and carers better information with regards to their children's progress throughout the year. Because of this, the following two major changes will occur with reports at Star of the Sea Catholic College this year:

- Our Mid Year Reports (which will be released on Compass at the end of this term) will only feature Class Teacher comments. There will not be comments for any subjects, just marks.
- Late in Term 3, families of students in Years Prep to 10 will be provided with a Learning Snapshot for their child/ren. This will take the form of a portfolio which will contain one (1) piece of assessed work from each subject the student participates in. These will be sent home in hardcopy form.
We hope that by doing this, families will have a better indication of their child's progress throughout the year, not just twice a year in the form of a report.

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End of Term Assembly

Tuesday 4th July

10:00am

In the Church

Families and friends are most welcome to attend as we recognise the tremendous efforts of the students in Term 2.

Year 7, 8, 9 & 10 Winter Sport

Upcoming Games: Wednesday 28th June

Year 9/10 Netball Star v Deloraine HS @ Hoblers
Senior Boys Netball No Game Year 10 on Camp
Year 9/10 Hockey Star v Cressy DHS @ SLHC

Upcoming Games: Thursday 29th June

Year 7/8 Soccer Star v Prospect HS @ Prospect HS
Year 7/8 Netball Star v Kings Meadows HS @ Hoblers



HEALTHY[®]
TASMANIA

Healthy Tasmania are bringing their super successful Healthy Shed™ program to the George Town Neighbourhood House thanks to funding from local organisation The Cape Hope Foundation.

Healthy Shed™ is a free program which brings local health services and professionals to you! It's an opportunity to ask questions and get the information and connections you need to take care of yourself and those around you. The 10-week program will cover issues like managing back pain, healthy eating, quitting smoking, saving money, stressing less, making the most of NDIS funding, accommodation support 101 and even health and hearing checks – all for FREE!

The sessions will happen on Monday mornings between 11am - 12noon beginning on the 31st of July until the 2nd of October. Plus, there will be a free BBQ at the first and last sessions!

For any info please contact Hayden Fox at Hayden.Fox@healthytasmania.com.au or ph.: 0438 386 025