

Star of the Sea Catholic College Newsletter

Tuesday 15th August 2023

From the Principal

The Matildas have made it through to the World Cup semi-finals, just one win away from making the final. Whereas a few weeks ago many of us knew the name of Sam Kerr, now we know the names of Mackenzie Arnold, Hayley Raso and Cortnee Vine, who scored the penalty goal that enabled Australia to beat France.

Professional sport can be a funny thing, and our reactions to it can be equally strange. When people in Australia become famous through sport, the first reaction of others is to try to claim them! We try to put them in a box and pretend that we have had something to do with their success. Schools proudly advertise that a particular person attended their school, towns across the country proudly say that they are that sportsperson's hometown. We start to live our lives vicariously through famous people. And while it is good for schools and towns to recognize and celebrate the achievements of these people, it is not so healthy to "claim" them. We start to live a lie when we just assume that our school or town has led to this person's success (it may be the exact opposite), and we start to depend on others to justify our own importance. I'd be very worried if Star of the Sea depended upon the sporting success of past students to justify ourselves! I'm sure we can stand on our own two feet.

The other funny thing about professional sport is that the better someone performs, the more money they make. And while this might seem a sensible thing, it only really happens in sport. People who are good at their sport can make millions of dollars, but other people in the country who are good at what they do don't have this opportunity. People who are good at teaching won't make lots of money, nor will people who are good nurses, or good truck drivers. The difference is, you can't bet on teachers or nurses, and they don't make for interesting TV.

The other thing we perhaps need to reflect upon in all of this is our support of a particular team and how we start to see the opposition teams. It is very easy to fall into the trap of seeing the opposition as "the other," seeing them as something less than full human beings. It also shows our lack of understanding about connections and relationships. When the Matildas play against France and England, they are actually playing against people who, any other week of the year, would be their teammates in soccer leagues around the world. They are not "the enemy," but instead are friends and colleagues and supporters. As spectators, we should view them in the same way.

In our Star of the Sea Catholic community, we need to teach our children to celebrate achievements but recognize that professional sport is there for our entertainment, not for us to claim someone. We are called to have life to the full, and we can't do this if we are living our lives through someone else's achievements.

Richard Chapman
Principal



*Attentiveness,
Hospitality
and
Compassion.*

*Living vicariously
through other people
just means you'll be
standing on the
shore watching
others catch waves
your entire life."*

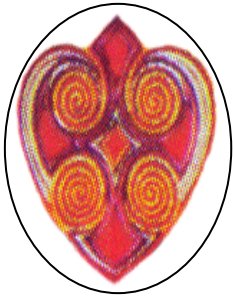
- Srinivas Rao

*Sea Catholic College
acknowledges the
Leterremairener
people as the
traditional
custodians of the
land on which our
school stands.*

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Heart
Spirituality



Attentiveness
Hospitality
Compassion

Religious Education and Faith Development

Feast of the Assumption

This week we are celebrating the Feast of the Assumption with a College Mass.

This feast celebrates Mary, who was chosen by God to be the mother of Jesus, passing from this world into the glory of God. Mary trusted God even when things were difficult and challenging.

Nano Nagle, whose Presentation Sisters founded Star of the Sea Catholic College, had a great devotion to Mary and it was Nano's trust in Mary's protection that gave her great strength in her ministry

On this feast we are encouraged to affirm our own humanity by reinforcing the dignity of all people, for we are all sons and daughters of God. We pray that we are inspired by Mary's life and her total faith and trust in God.



Stars of the Week - 10th August 2023

Kinder	Ella Hugo	For being a kind and caring class member and always trying to do her best.
Prep	Archie Davidson	For teaching us how to play Uno and for doing excellent writing about his Uno with Lucas.
Grade 1	Chad Jenkins	Science superstar! Great thinking and sharing of information.
Grade 2/3	Danica Sweet	For being a thoughtful friend to everyone.
Grade 3/4	Demitrius Quilty-Maguire	For his kind and caring nature towards his peers.
Grade 5/6	Scarlett Baillie	For consistently producing well written and interesting sentences during all literacy related activities. Keep up the good work!

Catholic Education Week Mass



On Wednesday August 16th, students are invited to wear green and gold in support of the Matilda's World Cup achievements.

Students may add green and gold accessories to their regular uniform or may wear green and gold items of clothing on this day. Students who are involved in sporting matches will be required to change into their playing uniform for their matches. There will be some soccer related activities happening in the primary school on this day.

We may even have our own penalty goal shooting competition. Mrs Robotham will have some green and gold ribbon available on the day for students to add to their wrist or hair.

Deputy Principal's Message

The importance of connection and the importance of feeling safe

Growing connections is the theme for the 2023 National Day of Action Against Bullying, which is this Friday August 18. This theme supports research findings that strong school community connections and social skills are protective factors in the prevention of bullying and help enable positive, help-seeking behaviours in students. (Bullying No Way, 2023)

Being connected to others is a dimension of human need but it is not the only thing that we need in life. As humans, certain factors need to exist in order for us to survive and other factors also need to exist in order for us to flourish. An American psychologist named Abraham Maslow developed an outline of what these needs are and separated these into different categories. The diagram at the end of this article shows the different levels of needs based on Abraham Maslow's theories. This theory is known as *Maslow's hierarchy of needs*. It makes sense that the essential needs of a human to survive include air, water, food and shelter. Maslow put these things at the very bottom of his hierarchy; without them we would die. Immediately above this level comes our safety needs.

When we think about the importance of a person's safety needs, we can understand the reasons why negative behaviours towards others have such a big impact. Preventing these negative behaviours, such as behaviours that are considered to be bullying, is a really important step in supporting everyone's safety needs. Bullying is the repeated and intentional use of words or actions towards another person or a group of people that causes distress and risk to their safety and wellbeing. Bullying is a deliberate misuse of power and can involve verbal, physical or social behaviour. Bullying can happen in person or online and it can be obvious or hidden. There is a difference between behaviours that are mean and behaviours that are considered to be bullying. The difference lies in the frequency of the behaviour or action, the intention of the behaviour or action and an imbalance of power.

This week at Star of the Sea, we are raising awareness about bullying and respect. These things fit within our PBS focus areas of Safety and Respect. All people have the right to be respected and safe. All people have the responsibility to treat others safely and with respect. The activities students will participate in this week will help to focus attention on what safe respectful behaviour and safe respectful actions look like.

We will also focus on activities that provide opportunities for students to connect with others. Students will be encouraged to join in these activities which will provide an opportunity for them to interact with others in positive ways. Some of these activities will have a sporting focus, which also connects us to the events of the week, such as the FIFA World Cup being held currently in Australia. Other activities such as Breakfast Club connect us through hospitality and the experience of sharing a meal together. Within each classroom, students have the opportunity everyday to connect with others, through their learning activities and interactions. Being present at school is one of the best ways students can build meaningful connections with other people, as they interact with others through learning, conversation and play.

(Simple Psychology, 2023)

References:

Bullying no way (2023) Bullying No Way. Available at: <https://bullyingnoway.gov.au/>
Maslow's hierarchy of needs (2023) Simply Psychology. Available at: <https://www.simplypsychology.org/>



Maslow's hierarchy of needs

SetUp for Success

'SetUp for Success' is on every Wednesday during term time between 9:00am and 10:30am in the Kinder room and is for children from birth to 5 years of age.

It is completely free and all are welcome.



Staff Movements

Mrs Robotham will be on leave on Friday.

Mrs Wood is taking some leave for the next month which means that Mrs Frankcombe will be in the office on Fridays.

Mrs Radford is on leave until the end of the school year. Mrs Michelle Youd will take on her TA duties.

Book Week

Next Monday 21st August will see our Book Week dress up day and parade. The theme this year is *Read, Grow, Inspire*. On this day we invite students to dress up as their favourite book character. We will have our Book Week Parade in the Gym at 9:00am on this day. Parents and carers are welcome to attend.

Enrolments for 2024

Enrolments for 2024 for all year levels (except Year 9 for 2024) are now open. Families wishing to enrol into Star of the Sea for 2024 can call into the office for an enrolment form or download one from our website: starsea.tas.edu.au. We encourage all enrolments to be finalised by the end of this term so that we can organise transition days for Year 7 and our Little Stars program for Kinders. Interviews for those who have given their enrolment form to the office will begin in coming weeks.

Father's Day Breakfast

Father's Day is getting closer and with it, our traditional Father's Day Breakfast will be held on Thursday 31st August. If you would like to help with preparing and serving the breakfast, please contact the office. The preparation usually starts around 6am.

Academic Competitions

This week sees the start of our involvement in the academic competitions, with the English Competition being held tomorrow and the Science Competition next Tuesday. These are a great opportunity for some of our upper Primary and some of our Secondary students to be extended and challenged in their studies.

Primary Assembly time change this week

Primary Assembly on August 17th will commence at 1.25 pm and conclude at 2.00 pm. This will only be for August 17th.

Calendar Term 3 2023

Wednesday 16th August	English Competition
Monday 21st August	Book Week Parade (<i>Read, Grow, Inspire</i>)
Tuesday 22nd August	Science Competition
Thursday 31st August	Father's Day Breakfast and Stall
	Maths Competition
Thursday 14th September	RUOK Day
Tuesday 19th September	RYDA (<i>Year 10</i>)
Thursday 28th September	Country Gold - Girls Footy Gala Day
Friday 29th September	Term 3 ends; End of Term Assembly

Father's Day Stall

We will be having a Father's Day Stall on Thursday 31st August.

Gifts will be between \$1 and \$5.

All students will have an opportunity to attend the stall.

Donations for the stall will be gratefully accepted and appreciated

Donations can be left at the office or given directly to Mrs Tame.



Father's Day Breakfast

Thursday 31st August

7:30am to 8:30am.



Fathers and father-figures are welcome to come to school and enjoy bacon, sausages, eggs, beans and toast. with the students, as well as a chance for a play before work!

For catering purposes please RSVP by Tuesday 29th August.

_____ will attend the Father's Day breakfast with my child/ren

We will be there about (please circle) **7.30am** **7.45am** **8.00am** **8.15am**

Can you please cater for the following dietary requirement/s.--