

# Star of the Sea Catholic College Newsletter

Tuesday 22nd August 2023

## From the Principal

When you look for a definition of a word on Google, one thing the search engine provides is a line graph that shows how often that word has been used over the past 200 years or so. More modern words will show as not being used much in the 1800s, but used a lot in the last 10 years. Some words show the opposite, with them being used a lot 200 years ago but hardly at all today. The use of the word “wheelbarrow” seemed to have hit its peak in 1915, while the word “perchance” was big in the 1840s but is hardly used today.

Two weeks ago was *Loneliness Awareness Week*, and when you type in “loneliness” something strange appears. While the word has certainly been in use over the past 200 years, it is in the last 30 years that the use of this word has skyrocketed. This is strange because we are supposed to be more connected than ever. We have the ability to talk to people wherever and whenever we want. But it would seem that loneliness is being discussed more than ever.

Feeling lonely is different to being alone. In a recent SBS series set in the Tasmanian wilderness (called *Alone*), a bunch of people were left alone for weeks on end and they had to survive as best they could. Whilst some of them struggled because they felt lonely, many of them didn't mind being alone. Feeling lonely, though, is the sadness that we feel because we do not have friends or company.

Across Australia today, about 1 in 3 people feel lonely, with half of these experiencing severe loneliness, which can lead to depression and anxiety. It seems to affect all states the same, affects men and women equally, and affects young adults and the middle-aged the most.

So why do we feel so alone in the world today?

There is a suggestion by some that social media is playing a role (which fits with the time frame of the use of the word *loneliness*). The reason it can is that we can have lots of digital connections, but very few real-life connections. And while we may get a boost over having lots of friends or likes, they will never be enough to overcome the lack of meaningful connections that prevent loneliness from occurring.

The other part social media plays is that we can look at it and see people doing interesting things or having a good time without us, and that too increases our feelings of loneliness.

In our Star of the Sea Catholic community, we need to teach our children that while social media is handy, it isn't a replacement for real-life friends and meaningful connections. God calls us to be in community. We can only do this when we are physically there, listening with an open heart to those in front of us. It is then we become who God calls us to be.

**Richard Chapman**  
Principal

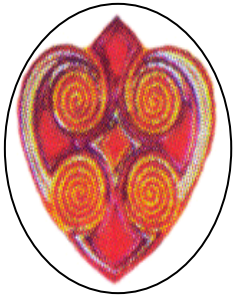


*Attentiveness,  
Hospitality  
and  
Compassion.*

*Loneliness and the  
feeling of being  
unwanted is the  
most terrible  
poverty. -  
Mother Teresa.*

*Sea Catholic College  
acknowledges the  
Leterremairener  
people as the  
traditional  
custodians of the  
land on which our  
school stands.*

Heart  
Spirituality



Attentiveness  
Hospitality  
Compassion

## Religious Education and Faith Development

### 'Wear it Purple Day'



'Wear it Purple Day' is celebrated on the 25<sup>th</sup> August. The day was founded in 2010 because of global stories of young teenagers who had experienced bullying and harassment due to their gender identity. Wear it 'Purple' aims to create safe, supportive, and inclusive environments for young rainbow people.

As followers of Jesus, it is important because Jesus cared for people who were bullied and discriminated against, and he restored them as accepted members of their communities. We are all loved by and created in God's image which gives us an unbreakable dignity. In turn, as followers of Christ, we are called to make everyone feel welcome, accepted and included.

### Stars of the Week - 17th August 2023

Kinder

**Oliver Hewitt**

For listening so well at mat times and using amazing vocabulary when he speaks.

Prep

**Zoe Provis**

For completing her news writing all by herself using sounds and words so well.

Grade 1

**Evie Jacobs**

For being a caring class member who always tries hard to produce beautiful work

Grade 2/3

**Leo Batte**

For contributing interesting facts to class discussions and great, quick thinking Maths work.

Grade 3/4

**Madeline Paine**

For her effort and determination towards improving her spelling. Keep up the great work.

Grade 5/6

**Imogen Ackerly**

For her consistent positive attitude towards improving her learning. Keep up the great work.

# THE LUFT RUN FUNDRAISER

Our Grade 9/10 Leadership Team are organizing a LUFT Run Fundraiser (Launceston Urban Fringe Trail) where we as a school will be completing the 94 km trail on 4th of November between 6:30 am-7 pm.

The LUFT run is usually split into 9-10 km segments, but we have adapted and changed this to make it more enjoyable so we can get as many people involved as possible. We will be running 4-5 km segments.

We are asking individuals from within our school community to volunteer to:

- ♦ complete one of the twenty-one segments,
- ♦ to assist our grade 10 coordinator, Oliver Cook, who will be completing the trail in its entirety.

This fundraiser aims to raise money for our secondary school outdoor redevelopment project.

As a Leadership Team, we have recognised that the outdoor area in the secondary campus is long overdue for a facelift, and we want to leave our mark on the school, so current and future secondary students can have an enjoyable area to study outdoors and spend their breaks.

If you are interested in participating in the run, please do not hesitate to reach out to the contacts listed below.

Contact: Oliver Cook - Teacher  
Email: [oliver.cook@catholic.tas.edu.au](mailto:oliver.cook@catholic.tas.edu.au)

Contact: Miya Webb - House Captain  
Email: [miya.webb@cathstu.tas.edu.au](mailto:miya.webb@cathstu.tas.edu.au)

## Deputy Principal's Message

Children's Book Week first began in Australia in 1945. Almost eight years later, it is as loved by the children and communities who participate now, as it might have been all of those years ago. The theme this year is Read, Grow, Inspire. Reading and being immersed in stories is a critical aspect of language development in children. When children are read to, it helps them to build their language skills and develop the vocabulary of words they know and understand. Being engaged in reading, whether we read to ourselves, or are read to by another person introduces us to new information and new ways of thinking. Reading inspires people to imagine new ideas and promotes creativity.

Sharing in stories with our children builds important connections and helps us to build relationships that are based on shared positive experiences. Children learn a lot about the world around them through their engagement with stories. Stories do not have to be written down, many families and cultures pass on important information and traditions through stories. Take time to share stories in your families, whether they are the stories of your culture and family or those found in a book, the experience will be very worthwhile.

The 2023 CBCA Book of Year Award books are shown in the image below, courtesy of The Children's Book Council of Australia.



## SetUp for Success

'SetUp for Success' is on every Wednesday during term time between 9:00am and 10:30am in the Kinder room and is for children from birth to 5 years of age.

It is completely free and all are welcome.



## Staff Movements

We welcome Lakaya who will be here 1-2 days a week for the rest of the term as she does a placement for her studies.

Mr Chapman will be away from tomorrow and return next Monday. He has meetings over this time.

Mrs Briscoe is at professional learning tomorrow and next Monday.

## Enrolments for 2024

Enrolments for 2024 for all year levels (except Year 9 for 2024) are now open. Families wishing to enrol into Star of the Sea for 2024 can call into the office for an enrolment form or download one from our website: [starsea.tas.edu.au](http://starsea.tas.edu.au). We encourage all enrolments to be finalised by the end of this term so that we can organise transition days for Year 7 and our Little Stars program for Kinders. Interviews for those who have given their enrolment form to the office will begin in coming weeks.

## Father's Day Breakfast

Father's Day is getting closer and with it, our traditional Father's Day Breakfast will be held on Thursday 31st August. If you would like to help with preparing and serving the breakfast, please contact the office. The preparation usually starts around 6am.



## Calendar Term 3 2023

|                         |   |
|-------------------------|---|
| Wednesday 16th August   | English Competition                             |
| Monday 21st August      | Book Week Parade ( <i>Read, Grow, Inspire</i> ) |
| Tuesday 22nd August     | Science Competition                             |
| Thursday 31st August    | Father's Day Breakfast and Stall                |
|                         | Maths Competition                               |
| Thursday 14th September | RUOK Day  |
| Tuesday 19th September  | RYDA ( <i>Year 10</i> )                         |
| Thursday 28th September | Country Gold - Girls Footy Gala Day             |
| Friday 29th September   | Term 3 ends; End of Term Assembly               |

## Shout Outs

|                          |  |
|--------------------------|--|
| Dante Saunders           | for trying and thinking all the time this week and coming up with amazing answers  |
| Hamish Bannon            | for improving so much in his colouring of his flag                                 |
| Kiara Fisher             | for amazing concentration and detail in her bookmark activity                      |
| Eliana Dodge             | for commitment to her flag colouring job   |
| Logan Hawkins            | for excellent work on her flags  |
| Chantz Brown             | for remaining focussed and completing work   |
| Eliana Dodge             | for meeting her goal of doing five InitialLit lessons                              |
| Chanden Prismall Jackson | for being able to do all five InitialLit lessons this week                         |
| Kailan Wheeldon          | for 100% focus during In InitialLit  |
| Rafael Tilain            | for giving his best through all five InitialLit lessons this week                  |
| Zoe Provis               | for concentrating on all five InitialLit lessons this week                         |
| Lucas Ratcliffe          | for giving his all in all five InitialLit lessons this week                        |
| Mason Giles              | for coming to participate in all five InitialLit lessons                           |
| Isabelle Saunders        | for being proactive in her learning  |
| Dante Saunders           | for being proactive in her learning  |
| Hamish Bannon            | for competing all five InitialLit lessons this week                                |
| Archie Bennett           | for being proactive in his learning  |
| Luis Lee                 | for safely packing up each day   |
| James Moore              | for great effort at InitialLit lessons   |
| Bienvinido Bennett       | for 100% engagement at all time - Amazing!   |
| Isabelle Saunders        | for trying and thinking all the time this week, and coming up with amazing answers |
| Melaney Maney            | for being a wonderful helper   |
| Melaney Maney            | for picking up heaps of rubbish. Thank you!  |
| Chanden Prismall Jackson | for staying the longest at his flag work   |
| Mason Giles              | for colouring two flags even when he was busy at Lego                              |
| James Moore              | for concentrating on his flag colour   |
| Archie Davidson          | for completing all five InitialLit lessons this week                               |
| Lucas Ratcliffe          | for very good colouring in skills on his flags                                     |
| Archie Davidson          | for amazing effort at flag colouring   |
| Elsie Sherriff           | for blitzing all five InitialLit lessons this week                                 |
| Zoe Provis               | for awesome effort at colouring in ger flags                                       |
| Elsie Sherriff           | for colouring in two flags so well   |
| Rafael Tilain            | for precise and careful colouring of his flags                                     |
| Bienvinido Bennett       | for excellent participation in PE  |
| Bienvinido Bennett       | for giving everything at sports a go   |
| Melaney Maney            | for her amazing help   |
| Victor Hugo              | for lovely singing at Assembly   |
| Ella Hugo                | for packing up the home corner without being asked                                 |
| Chelsie Jenkins          | for helping to clean up  |
| Oscar Millen             | for excellent participation in PE  |
| Archie Bennett           | for being kind   |
| Isabelle Saunders        | for her focus during story writing   |
| Lindsie Barrett          | for focusing on her literacy work  |
| Oliver Hewitt            | for being the most amazing helper at pack up time                                  |
| Carter Upston            | for excellent participation in PE  |
| Carter Upston            | for being awesome  |
| Eliana Dodge             | for being the best during Mass   |
| Mason Giles              | for being the best during Mass   |
| Zoe Provis               | for being the best during Mass   |
| Zoe Provis               | for concentrating on five InitialLit lessons                                       |
| Lachlan Smith            | for being totally focused on his book week activity. Fantastic creative work       |
| Rafael Tilain            | for being the best during Mass   |
| Chanden Prismall Jackson | for being the best during Mass   |
| Niklaus Quilty Maguire   | for good participation in Assembly   |



Continued over

## Shout Outs (continued)

|                           |   |
|---------------------------|---|
| Eliana Dodge              | for giving her best to all her InitialLit lessons this week                   |
| Elijah Bromley            | for being totally focused on his book week activity. Fantastic creative work! |
| Leo Batte                 | for great participation at Mass and during the day                            |
| Lucas Vincent             | for being respectful in group work  |
| Chase Davis               | for all his "IT" help   |
| Archie Bennett            | for really wanting to improve his learning                                    |
| Carter Upston             | for excellent 3D shapes   |
| Amelie Olivera            | for fantastic attitude to learning  |
| Evie Jacobs               | for fantastic writing effort  |
| Carter Upston             | for fantastic writing effort  |
| Dante Saunders            | for her focus during story writing  |
| Marli Leslie              | for fantastic positive attitude to learning                                   |
| Mason Giles               | for working the best he ever has  |
| Lucas Ratcliffe           | for being the best during Mass  |
| Chase Davis               | for great work in his InitialLit spelling                                     |
| Logan Hawkins             | for being fully engaged for every InitialLit lesson                           |
| Archie Davidson           | for participating at every InitialLit lesson this week                        |
| Rafael Tilain             | for excellent participation in all InitialLit lessons this week               |
| Mason Giles               | for attending every InitialLit lesson this week                               |
| Hamish Bannon             | for doing all InitialLit lessons this week even it is hard                    |
| Chanden Prissmall Jackson | for completing all InitialLit learning this week                              |
| Lucas Ratcliffe           | for excellent effort InitialLit lessons all week                              |
| Brock Holden              | for picking up rubbish  |
| Lucas Vincent             | for trying his hardest at everything  |
| Tristan Ackerly           | for outstanding learning about the sun and space                              |
| Dyson Bromley             | for excellent focus during Literacy   |
| Charlotte Judd            | for great work with InitialLit spelling work book                             |
| Vanessa Linley            | for her beautiful kindness  |
| Oscar Millen              | for being a calm and respectful class member                                  |
| Archie Bennett            | for showing respect for everybody and ignoring distractions around him        |
| Logan Hawkins             | for being the best during Mass  |
| Kailan Wheeldon           | for 100% effort and focus, learning more and more each day                    |





## Father's Day Breakfast

Thursday 31st August

7:30am to 8:30am.

Fathers and father-figures are welcome to come to school and enjoy bacon, sausages, eggs, beans and toast. with the students, as well as a chance for a play before work!

Book a spot now!!!

For catering purposes please RSVP by Tuesday 29th August.

\_\_\_\_\_ will attend the Father's Day breakfast with my child/ren

We will be there about (please circle) 7.30am 7.45am 8.00am 8.15am

Can you please cater for the following dietary requirement/s.--

## Father's Day Stall

We will be having a Father's Day Stall on Thursday 31st August.

Gifts will be between \$1 and \$5.

All students will have an opportunity to attend the stall.

Donations for the stall will be gratefully accepted and appreciated

Donations can be left at the office or given directly to Mrs Tame.



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