

# Star of the Sea Catholic College Newsletter

Tuesday 19th September 2023

## From the Principal

Last week at assembly our Year 9s spoke about the character strength of *social intelligence*. This is the strength that some people have when they know what makes other people tick. They are aware of the motives and feelings of themselves and others.

The thing about social intelligence being a character strength, is that it is just that - a strength that some people have, while others do not. Every day at Star of the Sea we work with students who have it as a strength and work with students for who it is a weakness. And if we were to consider what leads to behaviour problems with students at any school, a lot of the time it can be put down to a lack of social intelligence. In the end, some students just don't know how others tick and say or do the wrong things and upset people.

We might have this idea that children who lack social intelligence are quiet and don't say much. But I have equally experienced very outgoing people who had a similar lack of social intelligence. They were more than happy to talk to others, but most of the time what they said to them was offensive or inappropriate.

When we view social intelligence as a strength, rather than just something everyone should have, we can start to look at children in a different way. Rather than calling them rude, we might be better off recognising that they don't have the social intelligence to make the appropriate comments at the appropriate time.

Interestingly enough, social intelligence is probably the one strength that everyone wants their child to have! Parents can feel embarrassed when their child does not do or say the right thing in a certain situation, while sometimes others are quick to look down on children who do not display social intelligence.

So what do we do when a child does not have social intelligence?

The first thing is to have *a lot* of patience. Many children who lack social intelligence improve with age, and by being put in different situations, like school! Secondly, we sometimes need to be prepared to teach children what to say or do in certain situations so that they can start to strengthen their social skills. We can't assume all children will just "work it out."

In our Star of the Sea Catholic community we welcome students with strengths in many different areas, but equally we welcome students who have weaknesses in all different areas. Together as a community we look to grow as human beings and become who God calls us to be.

**Richard Chapman**  
Principal

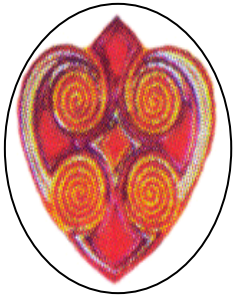


*Attentiveness,  
Hospitality  
and  
Compassion.*

*When we focus on  
others, our world  
expands.  
- Daniel Goleman*

*Sea Catholic College  
acknowledges the  
Leterremairener  
people as the  
traditional  
custodians of the  
land on which our  
school stands.*

Heart  
Spirituality



Attentiveness  
Hospitality  
Compassion

Religious Education and Faith Development

International Day of Peace began on the 21<sup>st</sup> of September in 1981. It was instituted by the United Nations to provide a globally shared day for all peoples to commit to a culture of peace. This year the theme is 'End Racism, build Peace.'



Peace means freedom from disturbance and involves understanding each other and working together to find peaceful solutions. It requires respect and compassion.

God loves all of us with an equal and constant love. We live in a world filled with the beauty of human diversity. There are so many different races and creeds, colour, and customs. May we be people of heart, who try to understand the issues and problems of those who are different from ourselves and celebrate with joy the achievements of all people from the many diverse backgrounds in our communities.

May the God of peace deepen the peace within you.

**Stars of the Week - 14th September 2023**

Kinder

**Zhen Gbenimacho**

For singing beautifully at prayer times.

Prep

**Mason Giles**

For his sudden great improvement in reading, especially the sentence reading tasks in InitialLit

Grade 1

**Isabel Walker**

For always thinking, focussing and trying to extend herself. Her work is amazing.

Grade 2/3

**Charlotte Goodger-Austin** For her exceptional efforts in all her work. So impressive!

Grade 3/4

**Darcie Power**

For the continuous kindness she shows towards others.

Grade 5/6

**Jai Jacobs**

For his excellent attitude to learning about decimals and fractions. Keep up the great work!

# THE LUFT RUN FUNDRAISER

Our Grade 9/10 Leadership Team are organizing a  
LUFT Run Fundraiser (Launceston Urban Fringe Trail)  
where we as a school will be completing the  
94 km trail on 4th of November  
between 6:30 am-7 pm.

The LUFT run is usually split into 9-10 km segments, but we have adapted and changed this to make it more enjoyable so we can get as many people involved as possible. We will be running 4-5 km segments.

We are asking individuals from within our school community to volunteer to:

- ◆ complete one of the twenty-one segments,
- ◆ to assist our grade 10 coordinator, Oliver Cook, who will be completing the trail in its entirety.

This fundraiser aims to raise money for our secondary school outdoor redevelopment project.

If you are interested in participating in the run, please do not hesitate to reach out to the contacts listed below. EOI forms have been sent out on Compass and Facebook.

Contact: Oliver Cook - Teacher  
Email: [oliver.cook@catholic.tas.edu.au](mailto:oliver.cook@catholic.tas.edu.au)

Contact: Miya Webb - House Captain  
Email: [miya.webb@cathstu.tas.edu.au](mailto:miya.webb@cathstu.tas.edu.au)

## Want to get into training for The LUFT Run Fundraiser?

One way of getting into training for the LUFT Run Fundraiser is to participate in George Town Parkrun. Parkrun is a free, timed 5km run that occurs every Saturday morning at 9:00am. It is for all abilities. It starts at the park opposite the Pier Hotel in Elizabeth Street. Children aged under 11 must participate with an adult. Mr Chapman will be there this week, so if you are unsure about turning up and knowing no one, you can speak with him. To register for Parkrun, go to [parkrun.com.au](http://parkrun.com.au).

## R U OK? DAY - THURSDAY SEPTEMBER 14, 2023



Last Thursday students and staff joined together for a whole school morning tea which we held in the primary yard. This was to recognise **R U OK? DAY** and also to raise awareness about the importance of having conversations with others to check in with them. Students brought along their own morning tea items and also had the opportunity to share from the morning tea selection available at the free stall. Students also received wrist bands which they have been encouraged to wear to remind them to continue to check in with their friends and family members. As part of this day we also shared information about the importance of a conversation. Everyday is an important day to ask R U OK?



## Deputy Principal's message

### PBS FOCUS: CYBER SAFETY and ONLINE SAFETY

This week in the primary school we have commenced a focus on cyber safety and online safety. Being safe online is everyone's responsibility. This is the message we are communicating with students. Young people should be supervised when they are engaging in online activities. This includes: using social media apps, playing online games, communicating with other people online or anytime they are connected to the internet. The internet can be a fantastic place to find out information, to communicate with others and to explore entertainment, however it can also be an unsafe place for young people.



### ONLINE SAFETY TIPS

- #1 Don't give out personal information (such as addresses, phone numbers or school name)
- #2 Never send pictures to strangers and don't post pictures online without parents' approval
- #3 Keep passwords private, except from parents or teachers if using a school account
- #4 Don't download anything without permission
- #5 Tell an adult if you receive a mean or strange message from someone

For more information and resources visit:

<https://www.esafety.gov.au/parents>

<https://kidshelpline.com.au/teens/issues/staying-safe-online>



### SOCIAL CONNECTION ACTIVITIES

As part of the lead up to R U OK? DAY, Grade 8 students spent time planning a social connection activity to run with students in the primary school. These activities were planned by the Grade 8 students and then led by the Grade 8's with classes from the primary school. So far students have worked in kindergarten twice to make iced biscuits and then chocolate truffles.



## SetUp for Success

'SetUp for Success' is on every Wednesday during term time between 9:00am and 10:30am in the Kinder room and is for children from birth to 5 years of age.

It is completely free and all are welcome.



## Staff Movements

Mr Chapman will be away tomorrow at a meeting.

Mrs Robotham will be away at a meeting on Thursday.

Mrs Harmer will be on leave on Friday.

## Kinder 2024

We can officially announce that Mrs Selina Taylor will be our Kinder teacher for 2024. Mrs Taylor will also continue to run our SetUp program on Wednesday mornings. Enrolments are still open for Kinder 2024. Please contact the College office for an enrolment form, or download one from our website ([www.starsea.tas.edu.au](http://www.starsea.tas.edu.au)).

## Footy Colours Day

Next Tuesday 26th September we will be holding a Footy Colours Day. Students are invited to dress up in their favourite team's colour (any sporting code) for a gold coin donation. Any student not dressed in Carlton colours may have to pay double...

## End of Term Assembly

We will hold our End of Term Assembly next Friday 29th September at 12:00pm in the Church. Families and friends are most welcome to attend.

## Enrolments for 2024

Enrolments for 2024 for all year levels (except Year 9 for 2024) are now open. Families wishing to enrol into Star of the Sea for 2024 can call into the office for an enrolment form or download one from our website: [starsea.tas.edu.au](http://starsea.tas.edu.au). We encourage all enrolments to be finalised by the end of this term so that we can organise transition days for Year 7 and our Little Stars program for Kinders. Interviews for those who have given their enrolment form to the office have begun.

## Term 4 Starting Date

Term 4 for students begins on Tuesday 17th October. Teachers have a professional learning day on Monday 16th October. The College office will be open on the Monday.

## Term 4 Calendar

We are attaching the Term 4 calendar to this week's newsletter. As per usual, however unlikely, dates may change due to unforeseen circumstances. We will update the calendar as the term progresses.

## Learning Snapshots

At this stage we are hoping to have Learning Snapshots go home with students next week. We will inform families on Compass when to expect them. These snapshots will provide an assessment piece for each student for each subject to give parents and carers an idea of how their child is progressing.

## NHSSA GRAND FINALS

Congratulations to our Year 9/10 Girls Netball team who won their Grand Final last week, with Ashley Byard being named MVP.

Unfortunately our Year 7/8 Girls Netball team lost their Grand Final, but played extremely well, with Shiloh Leslie being named MVP.



## Calendar Term 3 2023

Tuesday 19th September	RYDA (Year 10)
Tuesday 26th September	Footy Colours Day (Gold coin donation)
Thursday 28th September	Country Gold - Girls Footy Gala Day
Friday 29th September	Term 3 ends; End of Term Assembly

## Calendar Term 4 2023

<b>Monday 16th October</b>	<i>Insight into Learning PL Day (Student-free day)</i>
<b>Tuesday 17th October</b>	<i>Term 4 begins</i>
<b>Wednesday 18th October</b>	<i>Little Stars begins</i>
<b>Thursday 26th October</b>	<i>Grandparent's Day</i>
<b>Friday 27th October</b>	<i>World Teachers Day</i>
<b>Saturday 4th November</b>	<i>LUFT Run Fundraiser</i>
<b>Monday 6th November</b>	<i>Recreation Day Holiday</i>
<b>Saturday 11th November</b>	<i>Remembrance Day</i>
<b>Wednesday 15th November</b>	<i>TPSSA Swimming Carnival (Star organising)</i>
<b>Thursday 16th November</b>	<i>NHSSA Div 3 Swimming Carnival</i>
<b>Friday 24th November</b>	<i>Presentation Feast Day</i>
<b>Monday 27th November</b>	<i>Year 10 Exam week begins</i>
<b>Thursday 7th December</b>	<i>Last Day for Year 10s; Year 10 Presentation Evening</i>
<b>Friday 8th December</b>	<i>George Town Christmas Parade</i>
<b>Monday 11th December</b>	<i>Year 10 Leavers Dinner</i>
<b>Tuesday 12th December</b>	<i>Secondary Big Day Out; Primary Nativity Play</i>
<b>Wednesday 13th December</b>	<i>Last day for students; End of Year Assembly</i>
<b>Thursday 14th December</b>	<i>Last day for staff</i>