

Star of the Sea Catholic College Newsletter

Tuesday 23rd June 2026

From the Principal

It is important that we keep hearing stories about good people doing good things. It is important that we keep searching for these stories and telling these stories to others.

In the Catholic tradition we have something called “forming our conscience.” If our conscience is what helps us decide what is right and what is wrong, we have to train it so it can distinguish between the two. We might think what is right and wrong is quite obvious, but we only have to look at the world around us to see it is not something which people naturally know. It is something that needs to be worked on.

There are many ways in Catholic tradition that we can “form our conscience.” Prayer, going to Mass, going to Confession. But one way that everyone can form their conscience, whether they are part of a tradition or not, is by hearing and reading about stories of good people, people who have done good things in their lives that have helped others.

At Star of the Sea we constantly tell the story of Nano Nagle. Not only is she the founder of the Presentation Sisters who began our school, but she is also someone who lived a heroic life. She started schools for the poor, along with visiting the sick and elderly at night in dangerous areas of the town. Her story helps us recognise what is good and worthwhile in our lives.

Watching the news doesn't usually help to form our conscience. We very rarely hear about heroic deeds in the news, but usually about the bad things people have done. Similarly, our social media feeds rarely form our conscience. Rather than watching reels about people living a worthwhile life, we instead see reels about people trying to tell us how to live our own lives, or how to put makeup on the right way, or how we can maximise our looks.

But just like the fact that we don't become better at something without training, our conscience does not become fully formed without deliberately doing something to “train” it. So we have to make the effort to do things that help us to form our conscience.

In our Star of the Sea Catholic community we need to find ways that we can form the conscience of the students so that they have a good understanding of what it means to live a worthwhile life. Ways that we can do this is by constantly sharing the stories of those who have lived heroic lives, of those who have put others before themselves.

In this way, we become the people God truly calls us to be.

Richard Chapman
Principal



*Attentiveness,
Hospitality
and
Compassion.*

*The conscience
of children is
formed by the
influences that
surround them;
their notions of
good and evil
are the result of
the moral
atmosphere
they breathe. -
Jean Paul*

**Star of the Sea
Catholic College
acknowledges the
Leterremairener
people as the
traditional
custodians of the
land on which
our school stands.**



Religious Education and Faith Development

Heart
Spirituality



Attentiveness
Hospitality
Compassion

Psalm for the 13th Sunday in Ordinary Time

Forever I will sing the goodness of the Lord.

I will sing for ever of your love, O Lord;
through all ages my mouth will proclaim your truth.
Of this I am sure, that your love lasts for ever,
that your truth is firmly established as the heavens.

Happy the people who acclaim such a king,
who walk, O Lord, in the light of your face,
who find their joy every day in your name,
who make your justice the source of their bliss.



Star of the Sea Mass Times

Mass times for this week:

Saturday Vigil Mass - 5:00 pm Saturday

Sunday Mass - 11:00 am Sunday

at the George Town Catholic Church (Our Lady Star of the Sea) which is located in Goulburn Street, across the road from the Hall.



Staff Movements

Mrs Nesbit is on Professional Learning tomorrow.

Mrs Halley is on leave on Friday.

Annual Report

The College Annual Report for 2025 is now available on our website (starsea.tas.edu.au). The report is a requirement for our school to be registered and incorporates information from various places about what happened at the school in 2025.

College Taster Days

This Thursday our Year 10s will participate in a Taster Day at Newstead College as they start to transition into life after Year 10. The Launceston College Taster Day will occur next Tuesday 30th June.

Grade 6 Presentation Charism Day

This Thursday will see Grade 6s from St Finn Barr's and Sacred Heart Catholic Primary Schools join some of our Grade 6s for a day exploring the history and charism of Nano Nagle and the Presentation Sisters. Our Year 9 students will support on the day.

Sickness in the School

It is that time of year where we notice an uptick in the number of students who are sick. As parents we can encourage our children to have good hygiene, like washing our hands well, sneezing or coughing into our arm (not our hands) and throwing used tissues in the bin. If your child is ill, it is best to keep them at home, not only to recover, but also to not spread their illness to others.

Enrolments

Kinder 2027 - We have now officially opened enrolments for Kinder 2027. We encourage all forms to be handed into the College office by the end of Term 2.

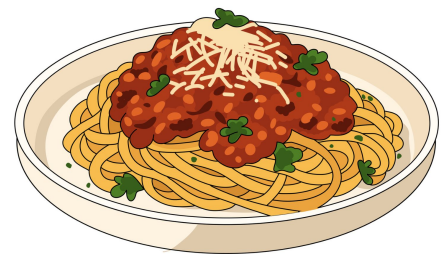
Year 7 2027 - If you know of someone who is wishing to enrol their child in Year 7 for next year (from another school), please encourage them to have their enrolment form into the office by the end of this term (July 10th). We may have limited spaces for enrolments next year so enrolments will not be done on a first come first served basis.

Spaces left in 2026 - Many of our classes are close to full, so we are currently accepting enrolments on a case-by-case basis. Our Grade 1/2 class is officially full and has a waiting list.

School Lunches

School lunches changed this week, with the Prep to 2s having their lunch today. The Grade 3-6s will have their lunch as normal tomorrow (Wednesday).

This week's meal is Beef Bolognese with Green Salad and Creamy Balsamic Dressing.



Term 2 Primary Assembly Roster

The following classes will be leading assemblies over the coming weeks:

Please note that this roster may change

WEEK 8	Thursday 25th July	Grade 1/2	2.15pm **note time change
WEEK 9	Thursday 2nd July	Prep	12.10pm
WEEK 10	Thursday 9th July	Kinder	12.10pm

Calendar Term 2 - 2026	
Thursday 25th June	Grade 6 Presentation Charism Day
Friday 26th June	TPSSA Winter Sport Round 1
Monday 29th June	Interschools Chess Tournament & Crazy Clothes Day
Sunday 5th - Sunday 12th July	NAIDOC Week
Friday 10th July	End of Term Assembly; Term 2 ends for students
Monday 27th July	Pupil Free Day
Tuesday 28th July	Students resume Term 3

Stars of the Week - 18th June 2026

Kinder Melody Bullock

For coming to school every day that she can and trying her best with her classmates.

Prep Audrey Suitor

For working so hard in Maths and Literacy. And for all her kind ways in Prep.

Grade 1/2 Lewis Smith

For using fantastic problem solving skills and for always being a great helper in the classroom.

Grade 3/4 Logan Hawkins

For her sustained focus, contribution towards class discussion and high engagement in all areas of learning.

Grade 4/5 Madalyn Goodridge

For demonstrating excellent focus and engagement in all academic areas.

Grade 6 Brooke Baillie

For always ensuring that everyone is included in learning activities and lunch time games.

SetUp for Success

Our early learning program, SetUp, is back in 2026 and is on every Thursday during term time between 9:00am and 10:30am in the Kinder room and is for children from birth to 5 years of age.





It is completely free and all are welcome. Mrs Ros Ashenden will run SetUp during Term 2.

SETUP
for
SUCCESS

*From the Deputy Principal
Supporting Positive Behaviour*

At Star of the Sea, students are introduced to information and ideas that support positive behaviours. This is done through the explicit teaching of information and ideas and through the implementation of a supportive positive behaviour framework. This year we have had an increased focus on the Zones of Regulation. The Zones of Regulation is a framework that outlines where different emotional responses and behaviours fit within colour coded zones. By using the Zones of Regulation as a regular teaching tool and as a tool for discussing emotions and behaviours we are able to work with students to help them learn how to identify feelings and behaviours and how to understand the impact these have on others. It also helps students to develop an awareness of how they can seek support if they are not in an optimal emotional or behavioural state. Students are learning strategies for self-regulation and they are also learning about when it might be more suitable to use co-regulation, where they seek and receive support from a suitable adult.

Zones of Regulation

Blue Zone	Green Zone	Yellow Zone	Red Zone
<i>Example emotions and behaviours</i>	<i>Example emotions and behaviours</i>	<i>Example emotions and behaviours</i>	<i>Example emotions and behaviours</i>
			
Withdrawn, afraid, sad, tired, unwell, unmotivated, hungry, not enough energy, needing time or space, may feel unsafe.	Engaged, focused, calm, happy, enthusiastic, ready to learn or participate, feeling safe and settled.	Frustrated, concerned, worried, excited, anxious, unfocused, silly, too much energy, needing time or space, may not be settled, respectful and safe.	Angry, scared, reactive, feeling big emotions, not settled, not respectful, not safe toward self or others, not able to control behaviour, need time and space to regulate.
Who can help you if you are in this zone?	Who can help you stay in this zone?	Who can help you if you are in this zone?	Who can help you if you are in this zone?
<ul style="list-style-type: none"> . Parents . Teachers . Friends . Deputy Principal . School counsellor 	<ul style="list-style-type: none"> . Parents . Teachers . Friends . Deputy Principal 	<ul style="list-style-type: none"> . Parents . Teachers . Friends . Deputy Principal . School counsellor 	<ul style="list-style-type: none"> . Parents . Teachers . Friends . Deputy Principal . School counsellor

Please support our work in this area by having some conversations at home about who can be support people when students need some assistance. When students are able to be in the Green Zone they are more likely to be ready to learn.

Grade 7/8 Winter Sport

Thursday 18th June

Soccer - cancelled due to weather

Netball - Div 1: 16-28 Loss
Div 3a: 12-15 Loss
Div 3b: 14-1 Loss



A tough outing for all of our teams today with 3 losses on the board. However, from what was seen across all teams all students had contributed greatly to their team and played with exceptional sportsmanship.

Thursday 25th June

Soccer is at Brooks High School

Netball is at The Hub - Mowbray

All Schools Cross Country

Well done to our primary students who represented Star of the Sea last Tuesday in the All Schools Cross Country event! Despite the rain and cold weather the students all ran with pride and enthusiasm. Star of the Sea are proud of these students and their exceptional efforts on the day!



Cozy Clothes Day

Monday June 29th

Gold Coin Donation for
St Vincent de Paul

Wear Sports Uniform and winter accessories:
Beanies, scarfs, gloves and
cozy socks.



Hot chocolates, warm
milo and marshmallows
available at
recess and
lunchtime.

